

LEMON GROVE REVIEW

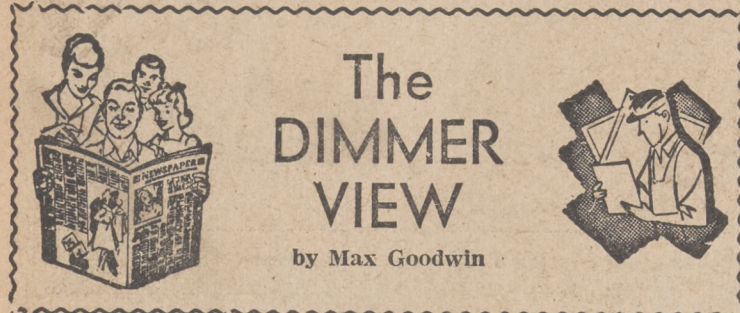
Vol. 30, No. 17

Lemon Grove, California

Thursday, November 17, 1977

Phone 469-0101

Fifteen Cents



Hazards of Sports Car Crashes

Reuters News Agency, recently filed a story datelined London in which is reported an accident involving the hazards inherent in a small sports car.

When the firemen got to the scene, it was reported "they found wedged into a 2-seater a near naked man suddenly immobilized by a slipped disc trapping his woman companion beneath him, according to a doctor writing in a medical journal.

"The desperate woman tried to summon help by honking the horn with her foot. A doctor, ambulanceman, firemen and a group of interested passersby quickly surrounded the couple's car in Regents Park.

"The lady found herself trapped beneath 200 pounds of pain-racked, immobile man, said Dr. Brian Richards of Kent.

"To free the couple, firemen had to cut away the car frame, he added.

"The distraught woman, helped out of the car and into a coat sobbed, 'How am I going to explain to my husband what happened to his car?'"

Because small sports cars are so popular in East County, such an accident could happen here so we asked local fire chiefs for comments.

Chief Daryl Stager of the Spring Valley Fire Department said that motorized equipment could free such a couple quickly if it happened in Spring Valley. He also said that a philosophy of confidentiality would probably protect the couple to a certain degree.

Lemon Grove Fire Chief Bob Adams said the Department's "Jaws of Life" powercutters could slice the auto's frame apart in seconds. "It's the fastest, safest such tool ever devised," he said.

Regarding confidentiality his opinion was equally explicit. "None," he said. "We've got the fastest grapevine in the west."



WINS OPTIMIST AWARD — Randy Dibb, 19, of 1609 Fairfax dr., Lemon Grove, (center), holds plaque awarded by the Allied Gardens Optimist Club while Bob Rosenthal, (left) club member and Sheriff's Deputy Bob Mars look on. Dibb is Post Commander of L.G. Explorer Post 2188 and a lieutenant. Deputy Mars is Explorer Post Advisor. Optimists provide plaques to recognize the accomplishments of

youth in home, school, church and community, and to encourage organizations to publicly show their respect for youth. Explorers Post 2188 supply non-sworn personnel to the sheriff's Lemon Grove office for police training. Lt. Dibb was graduated from Mt. Miguel High school and attends Grossmont College.

Rec. Group Forms For L.G. Programs

The Recreation and Human Services Information Task Force attracted 22 volunteers Wednesday evening, Leo Bodin, R&HSITF coordinator said last week.

He said the program was split into two parts. One will make contacts and organize programs. The second will seek facilities and assess space availability.

Karen Thomson, L.G. City Clerk discussed program possibilities, the best of which will be presented to the city council.

The next meeting is at the Community Center on School lane November 29 at 7:30, Bodin said.

All who would volunteer time or expertise on talent and recreation are invited, he said.

200-Voice SDSU Chorus For Handel's 'Messiah'

The 200-voice San Diego State University Chorus, one of the largest on the West Coast, will perform Handel's "Messiah" December 4 at 3 and 8 p.m. in Peterson Gymnasium, 55th and Remington rd., SDSU campus.

Mostly Routine Matters For City Council Meet

Unless council members get into another squabble there won't be much excitement on the agenda Monday night at the Lemon Grove City Council's regular bi-weekly meeting.

The meeting is at 7:30 at the L.G. Ed Center at Kempf and Lincoln sts.

Some of the agenda matters are:

Another look at the SD G&E franchise agreement

A decision on the proposed alley vacation between Harris and Corona just north of Broadway

Request for street opening of Saranak dr.

3 appeals by Dept of Transportation against appeals won by citizens against DoT decisions.

2 are for road improvements, one on Gilden and another on Nina pl.

Another is a re-appeal for undergrounding utilities in the Broadway-Washington st. area.

The council will consider the San Diego Regional Solid Waste plan.

The new city manager—Jack Shelver—will be unveiled officially for the first time at the council meeting. He went to work at the City Hall Wednesday.

Trusteeship Changed For S.V. Youth

The \$75,307 trust fund for Kip Hayes, 18, the former Mt. Miguel High school youth who is paralyzed from a football injury, has been placed in trust with the Bank of America.

The order was signed recently by Superior Court Judge Gilbert Harelson after original trustees resigned. Former trustees Robert Pyle, principal of Valhalla High school but who was principal at Mt. Miguel when the Hayes injury occurred; Betty Schroder, nursing educational coordinator at El Cajon Valley hospital where Hayes was first brought, and Frank Shughrue, vice president of California First Bank.

The 3 trustees told the judge in an earlier hearing they were resigning because of the harassment by Mrs. Ruth M. Hayes, of Spring Valley, the injured boy's mother.

The former trustees showed \$7,000 due from a benefit air show that will be turned over after the trusteeship has been decided upon is bringing the total to more than \$2,000. Disbursements for Hayes of \$10,533 have been made up to July 1.

New LG School Funding

Site Councils May Soon Be Required In District

The Lemon Grove School District will not receive any money immediately from the California Legislature from funds released by Gov Brown, but the local officials aren't giving up.

Dr. Robert Sutton, district superintendent, his staff, and the school board took steps last week to form planning associations made up of local PTA's to make ready for the new funding — if and when it comes.

Dr. Sutton said the Lemon Grove district did not qualify for any of the planning money the state gave out this fall due to the amount of money various schools received from Early Childhood Education programs.

But Dr. Sutton predicted the state may soon require the local district to form these councils and added his office is trying to get the jump on the state to be first in line.

The new money comes from a controversial Assembly bill, AB-65, sponsored by Assemblyman Greene (D-Sacramento). The bill takes a stab at correcting funding discrepancies the California State Supreme Court ruled existed in California schools.

The Supreme Court ruled in the historic Serrano decision, the California legislature must come up with an equitable school funding plan by the early 1980's.

The bill sponsored by Greene was one of the first legislative attempts to solve the massive problem of California school finance.

As things now stand, the AB-65 plan requires qualified schools to form site councils for planning.

Just exactly what function these councils will have is at best sketchy since the legislature has yet to give any direction to school districts.

Locally Lemon Grove School Districts do not qualify for any planning or site council money but will collect them without funding.

Dr. Sutton said the state may require Lemon Grove

to form site councils sometime in early 1978.

"We feel very positive," said Dr. Sutton, "We think the wait will be followed by well-thought-out guidelines and procedures.

"Whether we get the money or not we are going to do the planning," he added.

KSON's McKinnon Heads '78 March

Dan McKinnon, owner and president of radio KSON, has been named campaign chairman of the 1978 March of Dimes fund drive for prevention of birth defects in San Diego and Imperial Counties.

McKinnon's appointment was announced by Robert Caldwell, chapter chairman.

Under McKinnon's leadership, several activities are being scheduled for the voluntary health organization, whose goal is to protect the unborn and the newborn.

The regular campaign will begin in January with the 28th annual door-to-door Mothers March at the key event. In addition, several special events will be conducted, including a San Diego walkathon in February.

McKinnon, a long-time resident of San Diego, previously served on the board of directors of the National Association of Broadcasters and was chairman of the Billy Graham Crusade at San Diego Stadium last year.

Currently, he serves as president of the County Music Assn. in Nashville.

"Every community, including ours, is affected by birth defects," McKinnon said. "Throughout the country, more than 250,000 babies are afflicted each year.

"Because birth defects constitute the nation's most acute child health problem, we need not only money but volunteers to put our campaign across. We ask those who want to help to phone us at campaign headquarters, 284-1166."



CONCERT DANCER — Cynthia Linvedt, Lemon Grove, dances in "The Moving Image," a featured work of Grossmont College's Fifth Fall Dance Concert.

Grossmont Dance Group Offers Concert Fri-Sat.

After performing 13 years in the Student Center, the Grossmont College Dance Group will perform in a theater for the first time when they present their Fall Dance Concert in the new East County Performing Arts Center, El Cajon. The concert is scheduled for 8 p.m., Friday and Saturday.

The college dance group biennial concerts, involving both faculty and student choreographers, have performed before capacity audiences in the past. Improved stage and house facilities at the Arts Center should enhance the productions and provide greater audience enjoyment.

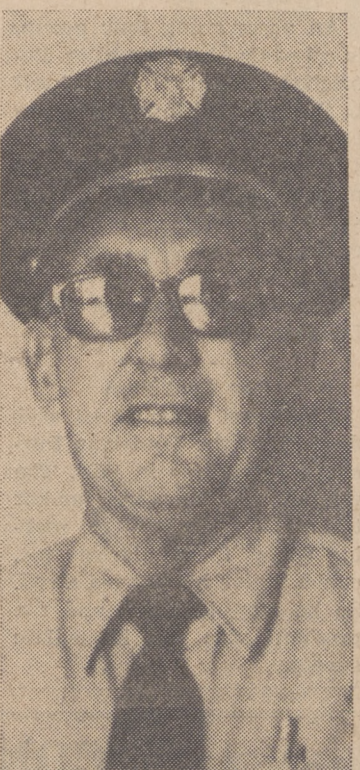
The forthcoming concert, reflecting the dance program at Grossmont College, will feature a 15-minute ballet, "Faccettes," choreographed by Ballet Instructor Lawrence Eddington, and a colorful and lavishly costumed Russian Suite by Marcia Phillips.

Also featured will be a solo performance by Kathy Rump,

a Grossmont College alumna and resident graduate of the University of California, Irvine, where she received her Master of Fine Arts degree in Dance.

Other works will include a refreshing dance about plants, choreographed by Marilyn Glattly; a faculty group piece choreographed, costumed and danced by faculty members Joannie Kahle, Kathy Lamb, Marcia Phillips, Dick Lantz and Clark Mires; and a two-part dance, choreographed by Lolita Carter, that is primarily concerned with visual forms. Jazz dances will include two group dances, "3001" and "Disco Calypso," choreographed by Lolita Carter and Marcia Phillips respectively.

General admission is \$2.50 with students, senior citizens and children admitted for \$2. Reserved-seat ticket may be purchased at the Arts Center, Box Office, 210 East Main, El Cajon.



PROMOTED — Twenty-six year veteran firefighter John Ott has been promoted from senior captain to assistant chief of the Lemon Grove Fire Department. Chief Ott took over his new duties October 24.



FINDER — Wade Mitchell Palmer, 14, a freshman at Mt. Miguel High school found a camera case containing \$3,900 as he rode his bike along Sweetwater rd., last week. "I thought about buying a new bicycle but I decided to tell the police instead," he said Thursday after the owner, Warren Cooper, a SDSU student from Florida identified container and gave an accurate count of the number and size of bills he lost. Cooper said that he had bought a dog in Spring Valley out of the money he carried in his camera case. The dog became ill and the

case fell out of his truck when he stopped to clean up the mess made by the animal. Palmer will have a new bike out of the \$250 reward Cooper paid him. He will also have a new respect for himself as an honest young man. The person on the right in the photo is Sheriff's L.G. office detective Larry Baxter who handled the investigation. Already, at least one local service club wants to honor Mitchell at a club meeting for his honesty.

Toys Sought for Tots

Barrels for the deposit of new, unwrapped toys will be placed at fire stations throughout the county during the 30th anniversary of the Toys-for-Tots program sponsored annually by the U. S. Marine Corps Reserve.

The program is designed to bring Christmas toys to needy children. Supporting the campaign this year will be Earl Holliman, co-star of NBC's "Police Woman", actress Linda Carter and Olympic gold medalist Bruce Jenner.

Other events include a golf tournament at an opening ceremony at the S.D. Zoo November 28, and a S.D. Charge game with the Cleveland Browns December 4.

Symphony Fund Goal Spirals

The S.D. Symphony Orchestra Association's Annual Fund Program solicited from local business firms, has started and will extend to January 31, 1978.

Goal of the business fund drive is \$200,000 to meet the high operating cost of the Orchestra. Last year's donations amounted to \$75,000.

Rosine Guzzetta Installed By Columbus Ladies

Rosine Guzzetta was installed as Grand Lady of the newly organized Ladies of Columbus, Our Lady of Grace Council, at the Atlantis Restaurant recently.

A luncheon and meeting followed the ceremony with Holy Mass concluding the day's events.

Rose Palazzolo, membership chairlady, has applications for interested women who qualify as wives, daughters, mothers or widows of Knights of Columbus, who have passed their eighteenth birthday and are Practical Roman Catholics.

The next meeting will be December 8, at Knights of Columbus Hall at St. John of the Cross Church in Lemon Grove, with refreshments, a social hour and Christmas gift exchange to follow.

It's Time to Plant
ONION SETS
and
BULBS
New Arrivals!
Hunter's Nursery
3110 Sweetwater
463-9341 Closed Sunday

Boat of Lights Due in Mission Holiday Parade

The holiday spirit will brighten Mission Bay Sunday, December 11, when illuminated and decorated boats participate in the Mission Bay Christmas Boat Parade of Lights.

The parade will start at 7 p.m. in Quivira Basin and end at 9 p.m. at the North Ingraham st. bridge. The 5 mile route will follow the shoreline around Mission Bay.

The lighting of Sea World's giant "Christmas Tree" will take place at the completion of the parade, according to chairperson Nora Hyer.

Spectators are invited to become involved in the annual event by lining the shoreline and displaying flashlights, building fires in the firings, or decorating and illuminating motor homes.

Singing groups are encouraged to join the festivities by singing Christmas carols at various locations around the bay. Amplification will not be necessary.

There is no entry fee. Registration blanks and information maybe obtained by contacting the Mission Bay Associates' office at 276-2800.

The event is sponsored by Mission Bay Associates, Sea World, Mission Bay Boat and Ski Club, and Mission Bay Yacht Club.

The event is free and open to everyone.

La Jolla Gem Store Has Its Own Mine

By Susanne Williams
California gold nuggets, blue Topaz rings and pendants, carved tiger-eye boxes and thousands of precious and semi-precious stones sparkle the The Collector, La Jolla's new gem and mineral store which opened at 1274 Prospect st. in La Jolla's Green Dragon Colony.

The Collector is the 3rd retail store of Pala Properties, Inc., the only company in the U. S. to operate tourmaline producing mines. Tourmaline is a multi-colored mineral ranging in color from soft pink to dark rise.

In 1968 Karla, store operator, together with husband Bill, 31, a geological engineer and Ed Svoboda, purchased 3 North County mines. After 3 years of mining a large tourmaline pocket was found, yielding gems of great perfection; an exceptional piece, the "Candebrera", is on exhibit at the Smithsonian Institute in Washington, D.C.

Traveling Newsboy
At age 13, Thomas A. Edison was a newsboy on a train running between Port Huron and Detroit. Later he published his own newspaper on a press aboard the train, picking up news from telegraph operators along the route.

Rev. D. Cooke to Return For Methodists' 25th Year

A catered dinner is one of the events scheduled to mark the Silver Anniversary of the



Rev. Donald Cooke

Lemon Grove United Methodist church during November. The dinner is scheduled for

Saturday at 6 p.m. in the Donald Cooke Fellowship Hall. Tickets should be reserved in advance. The cost is \$5.

A Silver Anniversary Celebration will follow the dinner. At 7:30 there will be music by the Melodaires, a quartet of church members. Then Dr. Norman Wollitz will discuss "Renewal and Rededication of Faith and the Challenge of the Future."

Sunday, the Rev. Don Cooke, who was minister of the church for 7 years until 1971, will provide the sermon Sunday at the 10:30 service. The service will mark United Methodist Women's Day.

A Silver Anniversary reception program will be in the Cooke Fellowship Hall at 3 p.m. Refreshments will be served.

On November 23, the date of the birth of the church, the sanctuary will be open all day for meditation and prayers.

Sunday Program At LG 1st Baptist Features Former Entertainers

By: Ed Burgess

Jimmy and Judy Mamou, professional musicians and entertainers, who played San Francisco, Las Vegas, and Walkie, will be giving their testimony and a concert for Jesus Christ at Lemon Grove's First Baptist Church, Main and Olive, Sunday evening at 6 p.m.

Jimmy Mamou has been a professional musician since 1961, went very heavily into

drug use and near death from an overdose.

He then found new life and understanding with Jesus Christ as His Lord and Savior and the power of the Holy Spirit removed his dependence on drugs.

He founded Good News Outreach and now gives himself to an ever on-going Christian witness in prisons, working with alcoholics and drug addicts, leading Bible Scripture Studies, appearing on Radio and TV, speaking in Churches and witnessing to other entertainers about Jesus Christ.

Jimmy's wife Judy, was a professional entertainer, a stripper and a prostitute for thirteen years before she believed in Jesus Christ as her personal Savior and Lord with the Holy Spirit coming into her life.

She is now a homemaker and mother to a son and daughter. She enters skid row areas and witnesses for Jesus Christ and gives her new found life story to strippers, musicians, prostitutes and others who will listen.

Her active Christian ministry leads her to witness, with Jimmy, in prisons and rehabilitation centers. She also teaches Christian values and ideals to women's groups, churches, and at other public meetings.

Judy Mamou has sounded-off in Hawaii's State Senate against legalized prostitution and her powerful personal testimony has helped to prevent the legalization of prostitution in that state during the past two years.

The public is invited.

... And Rabbits
Carrots belong to the parsley family.



NEW HOPE FESTIVAL planned for Casa del Prado Auditorium in Balboa Park on Wednesday will feature the International Folk Ballet as part of the services sponsored by the Uni-

fication Church of Southern California. The program begins at 7:30 and there is no admission charge or offering.

Church Fair Features Ham, Chicken Dinners

St. Philip's Episcopal Church in Lemon Grove will host a Holiday Fair Friday and Saturday 10 a.m.-7 p.m. at the church's location at Palm and Hardy.

Chicken and Ham Dinners, surprise gifts, entertainment and the sale of baked goods, plants and books will be the Fair's main features.

Grossmont Hospital High in UW Pledges

More than \$12,000 will be presented to the UW/CHAD campaign by Grossmont Hospital employees. The donations and pledges were gathered in a three-week drive which ended November 4.

"We have gathered \$12,283.10 and the pledges are still coming in," Ron Dahlgren, hospital administrator said. It is believed to be the largest single contribution from East County.

Pam Sturm, nursing office secretary, was chairman of the hospital campaign. Honors went to Engineer Dave Copeland for getting the greatest percentage of participation from his assigned areas of engineering and pulmonary medicine.

Area Births

The following is a list of area births recently recorded at Grossmont Hospital.

October 29
Mr. and Mrs. Richard L. Foreman, Spring Valley, a boy, Andrew Clark.

October 30
Mr. and Mrs. Kim L. Felder, Jamul, a boy, Travis Lynn.

November 1
Mr. and Mrs. James E. Norr, Lemon Grove, a girl, Tira Seville.

November 2
Mr. and Mrs. John M. Lane, Lemon Grove, a girl, Shanna Anne.

November 6
Mr. and Mrs. Edwin T. Starke, Jr., Spring Valley, a boy, Phillip Morgan.

November 7
Mr. and Mrs. Alistair J. Mackay, Spring Valley, a boy, Nell Alan.

Mr. and Mrs. Daniel T. Offutt, Spring Valley, a boy, Jason Ray.

Explorers Can Make Baja Islands Tour

An ocean-going tour group, is scheduled in November, December, February and April to the Baja California offshore islands.

The 3 1/2 day, \$225 trips will make landings at San Martin and Todos Santos and provide exploration of plant and animal life.

For reservation, call H&M Landing 222-1144.

The Cool Plan

Iced team came about accidentally at the Louisiana Purchase Exposition in 1904. The weather was too warm for hot tea and an Englishman, seeking ways to popularize tea, couldn't give his hot tea away. So he put ice in it and the product was an immediate success.

There's An Answer

by Mr. and Mrs. Norman Vincent Peale

Responsibilities
Q. I am 29 years old and my husband is 21.

We have been married two years but have not lived together for a year because my husband decided he could not handle the responsibilities of marriage.

We got married only 16 months after my divorce, and I don't think I was really ready for another marriage. He seemed to love me so much, though, that I thought I'd be a fool to lose him.

But I took him for granted in a lot of ways and was very selfish.

He is immature in many ways, but I'm far from perfect. He likes to spend money and is tempted by other women. Yet I really love him very much.

I don't know if there's any foundation for hoping he'll ever come back. Do you feel that under the circumstances I should give up?

A. From your question, and that of course is all we have to go on, we get the impression of not only one, but two immature persons. There are, of course, hurdles to overcome for the two of you to achieve a normal, happy marriage. But this is not, in any sense, impossible.

If you will study your husband and your husband will study you, you will both find ways to undergird each other. This in turn will draw you together.

We like your honesty, and if your husband is equally honest you can make a go of it.

We have a booklet, "The Secret of a Happy Marriage," which has helped others with questions such as yours, and

Radiothon to Aid St. Jude's Research

St. Jude Children's Research Hospital Founder, Danny Thomas; San Diego Padres owner, Ray Kroc; Congressman Lionel Van Deelen; San Diego City Attorney, John Witt; Coronado Mayor, Virginia Bridge; San Diego County Sheriff, John Duffy; Superintendent of City Schools, Tom Goodman; San Diego Padres Celebrities; leaders of labor, civic and fraternal organizations, and more than 100 volunteers will assist KOGO Radio stage its first 24-hour Radiothon to benefit St. Jude Children's Research Hospital. The event will be Thursday noon to Friday noon. The phone number for pledges is 263-8151.

While the hospital, which never charges any patient, regardless of race, color or creed, is dependent largely upon donor support, San Diegans have few such opportunities to contribute to the important work being done at St. Jude Children's Research Hospital, despite the fact that much of it is of direct benefit to Southern Californians, it was said.

KOGO Air-Personalities Ernie Myers, Bill Moffitt, Ken Copper, Rick Marel and Scotty Day will host their own segments of the giant KOGO fundraiser.

a copy of it is on its way to you. Anyone wishing a free copy may write to us at Box 508, Pawling, NY 12564.

Can't Please
Q. In my work I have six or seven jobs to do. My boss wants me to make production, but how can I with so many jobs to do?

I lose sleep going from one to the other, and we can't refuse any jobs. What can I do?

I try my best, but it seems the more you do the more they want. Any suggestions?

A. The number one thing is to stop being resentful. That siphons off energy and tends to disorganize you.

If the boss did not think you could do the jobs he assigns he wouldn't give them to you.

Really, you should feel complimented. Practice Timing. Organize your work. And do each job better than anybody else can do it. You sound to us like somebody who could move up in the business world if you keep your spirit right.

Children Taunted
Q. I'm a reporter for our weekly newspaper and a concerned mother recently came to me for help.

Her oldest child, who was at one time sentenced for a criminal offense is now living a free and decent life. But she says her other children are often taunted about their brother's "record."

They are made to feel that his past actions reflect upon them.

Being of sound mind, I hope, I told her that I would try to consult an expert.

Could you please send some advice which we could publish in our newspaper under "There's An Answer"?

A. The other children should be encouraged to have pride in their brother because of the comeback he is making. The more pride they take in his improved life, the less sensitive they will be to the taunts of cruel and thoughtless people.

These children should be helped to know that their brother is living down his past and that he is entitled to extra credit for having the character and courage and the guts to turn his back on a past wrong and move up to a good future.

Tell these kids to take pride in him and stand by him against all comers. The taunters will get the message ultimately and lay off.

If there is something you would like to ask Dr. and Mrs. Peale to discuss in this column, write to them in care of box 500, Pawling, NY 12564.

Bazaar for E.C. Church

A Christmas Bazaar is scheduled Friday and Saturday at the Chapel of the Valley Methodist church at 1465 E. Madison ave., El Cajon on Friday and Saturday.

Baked goods, plants, crafts, toys and country store items will be available.

Proceeds will be used for the church's senior and children programs.

Saturday Breakfast Scheduled at Skyline

The Wesleyan Men's Fellowship of Skyline Church will host a breakfast meeting Saturday morning at 7 a.m. in the center.

The menu includes pancakes, eggs, bacon, and sausage for \$1.50.

A short devotional will be given by businessman Bruce Benson.

Church Services

But let us, who are of the day, be sober, putting on the breastplate of faith and love; and for an helmet, the hope of salvation.
For God hath not appointed us to wrath, but to obtain salvation by our Lord Jesus Christ.

I Thessalonians 5: 8-9

ST. PHILIP'S EPISCOPAL CHURCH

Palm at Hardy Drive, Lemon Grove

Rev. Kenneth R. Johnson, Rector 466-8055
SERVICES: Sundays, 8 and 10 a.m. Wednesdays, 10 a.m.
Church School and Nursery Care, Sunday, 10:00 a.m.

THE CHRISTIAN CHURCH

465-1888

6970 San Miguel Ave., Lemon Grove

Larry H. Johnson, Minister
Judy White, Pre-School Director

9:30 a.m. Bible School
10:45 a.m. Morning Worship
6:00 p.m. Evening Worship and Family Hour
7:00 p.m. Wednesday Bible Study
9:00 a.m.-11:30 a.m. Pre-School Mon., Wed., and Fri.

SKYLINE WESLEYAN CHURCH

1345 Skyline Drive, Lemon Grove
Skyline Drive at Jamacha Road

Rev. Orval C. Butcher, Pastor Phone 460-5000

Worship Service 9:30 and 11:00 A.M.
Sunday School 8:15 9:30 and 1:00 A.M.
Children's Church 9:30 A.M.
Sunday Evening Expression 5:30 P.M.
Wednesday Evening Bible Involvement 7:00 to 8:30 P.M.

LEMON GROVE LUTHERAN CHURCH

2055 Skyline Drive at Alton Drive 465-7301

Rev. Herbert Johnson, Pastor
Rev. James Thompson, Jr., Asst.

Worship: 8 a.m., 10:30 a.m.
Sunday School 9:15-10:15 a.m.

FIRST BAPTIST CHURCH OF LEMON GROVE

2910 Main Street P.O. Box 236

Robert Kleinschmidt, Pastor Phone 460-4811, 465-9794

Sunday Bible School 9:30 and 10:50 a.m.
Sunday Worship Services 9:30 and 10:50 a.m., 7:00 p.m.
Wednesday Bible Study and Prayer 6:30 p.m.

THE UNITED METHODIST CHURCH OF LEMON GROVE

3205 Washington Street 466-8065

Dr. Dudley V. Johnson, Pastor

M-F Weekday Pre-School for 3-5 Year Olds
9:00 A.M. Church School 10:30 A.M. Worship Service

SPRING VALLEY FRIENDS CHURCH

Baneroft at Kenwood

Robert D. Farris, Pastor 466-3339

Early Worship Service 8:15 a.m. Fellowship Groups 9:30 a.m.
Sunday School Hour 10:00 a.m.
Second Worship Service 11:00 a.m.
Evening program for the entire family 6:00 p.m.
Wednesday Bible Study Groups 7:15 p.m.

LEMON GROVE CONGREGATIONAL U.C.C.

2770 Glebe Road 466-0503

Reverend Fred Bradley

Worship 10 a.m., Church School 10 a.m., Nursery Care
"A Community Church"

CONRAD
Lemon Grove Mortuary
7387 BROADWAY 460-4601
MEMBER, THE ORDER OF THE GOLDEN RULE

Independently Owned and Operated by the Conrad Family



LEMON GROVE PAINTER Roberta Kowasch of 2537 Glebe rd., displays one of her sea scape oil canvases which she will use in a free demonstration of her award winning techniques held tonight at 7:30 p.m. in the Kennedy Center, 1675 E. Madison, El Cajon.

Kowasch's demonstration on painting sea scapes is hosted by the East County Art Association and is in conjunction with a non-promotional education series developed by the Grumbacher Company of New York, an artist's supply house.

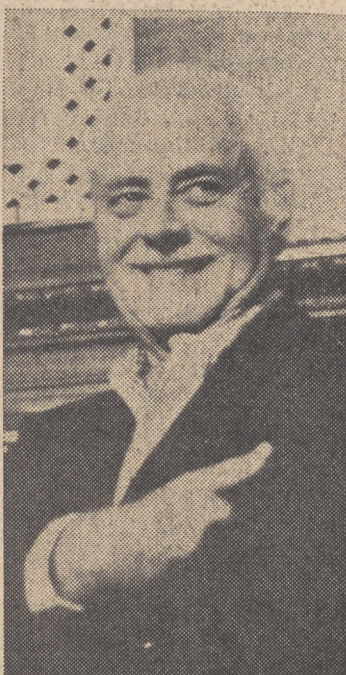
Asthma Group To Gain From Sat. Bikeathon

The bicycle wheels keep turning for another county-wide marathon bike ride. Beneficiary of a bikeathon held Saturday is the Children's Asthma League of San Diego. The event begins at 9 a.m. at three local colleges and has been dubbed "Bike for Breath". Bikers will mass at Southwestern College, Grossmont College and at the University of California at San Diego to begin their sojourn of chalked off routes.

Sign up sheets are available at Jack-in-the-Box Restaurants or by calling Lois Jacobs, president of the Children's Asthma League auxiliary, at 566-6447.

'Pill' Warnings Given

The possible risks of birth control pills are described in "Women and the Pill", a booklet published by the Food and Drug Administration and available, free of charge, from the Consumer Information Center, Dept. 575E, Pueblo, Colorado 81009.



OUTSTANDING — Critics acclaim the role of Burt Fisher as his finest as THE SECRETARY BIRD unfolds on the stage of the Coronado Playhouse.

The show closes Sunday night to be followed by THE TAILOR OF GLOUCESTER on December 9, 10, 11, and 17, 18. TAILOR is theatre for children — of all ages.

'Burnout' Seminar Offered Free

A unique free seminar on psychological and physical burnout will be offered to interest people November 18 by Catherine Conheim and Sue E. Young. The program is sponsored by Maric College and will be primarily directed toward people working in the health field, but anyone may attend.

The seminar will be free of charge 7-9 p.m. at the Hanaei Hotel in Mission Valley. According to Dr. Lyles, the school's president, the seminar will address the topics of stress, controlling anxieties, coping, and avoiding emotional burnout.

Conheim and Young have conducted similar seminars nationwide with enthusiastic response. Over 1,000 people have benefited from the practices and ideas to be presented. People working in the health field are particularly susceptible to the negative affects of stress and burnout because of their deep involvement with people in highly stressful situations. But no one is immune. Everyone can be affected at one time or another so it's important to be prepared to cope. Benefits can be lower blood pressure, a healthier body, and most important, peace of mind.

Although the seminar is free, participation will be limited because of space.

Interested people should call the Maric College administrative office at 287-9072 to reserve a seat.

Short Trip

Albania has only 126 miles of railroad trackage.



MANNING A BOOTH at today's bazaar at the Veterans Administration Hospital near La Jolla is Mrs. H. E. Reimers (l) and Mrs. John Whitmus, both of the Spring Valley Woman's Club evening section Junta de la Noche. The bazaar continues through 5 p.m. in the Multipurpose room of the hospital.

LG History Subject At LG Woman's Meet

The Vogue Section of the Lemon Grove Woman's Club will meet on Monday at the Clubhouse, 2180 Main street. The meeting will be called to order at 7:30 p.m.

Emily Wallingford, club chairman, will speak on the history of Lemon Grove. Mrs. Wallingford's presentation is based on archives held by Agnes Osgood, a noted local historian.

Refreshments will be served by Mrs. Alfred Burke and Mrs. Jack Winbury.

Lemon Grove Review

Lemon Grove, California
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Max Goodwin Editor and Publisher



This Week's RECIPE

Viennese Almond Torte

Special for Thanksgiving dinner is a cake made without flour. This Austrian-style torte, flavored and textured with ground almonds is nothing short of magnificent.

Grinding the almonds is easily done in your food processor, or a portion at a time in your electric blender, Mouli mill or fine bladed food grinder.

Viennese Almond Torte

- 1 cup finely ground almonds, packed
- 1 cup fine soft bread crumbs, packed
- 1/2 cup sugar
- 1 teaspoon baking powder
- 1/2 teaspoon salt
- 5 eggs
- 3/4 teaspoon almond extract
- 1/2 pint whipping cream
- 2 tablespoons sugar
- 2/3 cup raspberry jam
- Whole blanched almonds, toasted

In a bowl, mix ground almonds with bread crumbs, the 1/2 cup sugar, baking powder and salt. Beat eggs until thick and lemon-colored; stir into crumb mixture with 1/2 teaspoon almond extract.

Turn batter into 2 greased and floured 8-inch cake pans. Bake at 350 degrees 20 to 25 minutes. Remove from oven;

Curried Almonds

Dress up your party table with easy-to-prepare Curried Almonds.

Spread 2 cups whole blanched almonds in shallow baking pan. Dot with 1 tablespoon butter. Bake in 350° oven about 20 minutes or until golden and toasty brown.

When butter melts, stir or shake pan to coat nuts evenly. Remove from oven. Blend 2 teaspoons seasoned salt and 3/4 teaspoon curry powder in a mortar with pestle. Sprinkle over nuts and return to oven.

Continue baking for several minutes for seasonings to bake in. Remove from oven and spread on absorbent paper to cool. Makes 2 cups.

Weekend Ecology Fair Is Girl Scout Project

An Ecology Fair will be held for an estimated 2,000 Girl Scouts on Saturday from 10 a.m.-2 p.m., at Girl Scout Headquarters, 1231 Upas st., in Balboa Park.

The theme is "Target Conservation" and will focus on activities, demonstrations and displays to give girls and adults tools with which to zero-in on ecology and conservation projects and activities.

Girl Scout sponsors activities during the day will include creation of conservation posters, craft projects from "throw-away" materials, and badge workshops focusing on ecology.

A plant exchange as well as recycling center activities for newspapers, aluminum cans, and glass will also be held throughout the day.

Funds raised through the recycling center at Girl Scout Headquarters is used for troop projects in local communities relating to conservation or community beautification.

Mulch Booklet Offered

The old sawdust on your workroom floor may look like just another mess to you, but you can use it to mulch your flower or vegetable garden this fall.

The U.S. Department of Agriculture reminds us that mulching is a valuable garden practice, and their new booklet, **Mulches For Your Garden** (50 cents) tells you how to do it. For your copy, send 50 cents to the Consumer Information Center, Dept. 131E, Pueblo, Colorado 81009.

Sawdust makes a better mulch if it is well rotted, or if you add 1 or 2 cups of ammonium sulfate or sodium nitrate to each bushel of fresh sawdust before you spread the mulch.

Week-end Art Show Set

Dilly Daubers Art Guild will hold an art mart Friday, Saturday and Sunday at College Grove.

Local artists will offer original painting for sale.

Decor Home Tour Set for Bonita

The Sweetwater Woman's Club announces its 10th annual December Decor Home Tour, "Christmas in the Valley" on Thursday, December 11 11 a.m.-8 p.m.

Three Bonita homes will be decorated for Christmas.

All handcrafted decorations and gift items will be sold, both in the homes and at the clubhouse at 3855 Sweetwater rd., Bonita.

The \$2.50 admission includes refreshments at the clubhouse. Proceeds are used for the club's philanthropies.

LG Woman Wins Recipe Prize

Barbara Krell, 7473 Tracy st., Lemon Grove has won a cash prize for her German Christmas drink recipe which will be published in the Nov.-December issue of Western World Avon Collector's Newsletter, a bi-monthly publication for collectors, published in San Francisco.

The Krell recipe will be part of a collector's cook book, soon to be published. As a bi-monthly winner she'll be eligible for a selection of grand prizes.

Sorority Calls Meet

Xi Beta Xi Chapter of Beta Sigma Phi will hold a business meeting at the home of Mrs. Ken (Marilynn) Krafft on Tuesday at 8 p.m.

Mrs. Jack (June) Ferries will preside. A program entitled "Queen Victoria" will be given by Mrs. Ken Krafft.

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Seminoles-Aztec Fray May Be Year's Toughest

The stiffest test of the 1977 football season lies just ahead for San Diego State as the Aztecs host nationally-ranked (16th on both polls last week) Florida State on Saturday at 7:30 p.m. in San Diego Stadium.

Florida State comes to San Diego with an 8-1 record and a six game win streak after stopping Memphis State last week 30-9. The Seminoles number Southern Mississippi, Kansas State, Oklahoma State, Cincinnati, Auburn, North Texas State and Virginia Tech among their victims this season. The only Florida State loss for 23-17 to Miami (Fla.) in the third game of the season.

San Diego State will also bring an 8-1 record into Saturday's contest. The Aztecs stopped Long Beach State last week 33-22 to run the San Diego win streak to five.

Larry Key is the big man in Florida State attack, ranking second in the NCAA in All-Purpose Running. Key has 880 yards rushing, 234 yards pass receiving and 338 on kickoff returns. He has 1452 total yards for a per game average of 161.3.

David Turner of San Diego State has 952 yards rushing and 374 receiving for a 1326 total and an average of 147.3.

Florida State is averaging 351.9 yards on offense, but are giving up just 252.2 on defense. Against the pass, the Seminoles are nationally ranked. Florida State is giving up just 97.7 yards a game passing and Seminole opponents have completed just 64 of 166 attempts for .385 per cent.

The Aztecs will counter with quarterback Joe Davis, who is among the top 10 passers in the country. Davis has completed 1331 of 220 passes for 1807 yards and 17 TD's. He has completed .595 per cent of his passes. Last week against Long Beach State, Da-

vis was 19 of 29 for 272 yards and two scores.

San Diego State is averaging 408.1 yards Total Offense and 236.9 yards Passing.

"There's no question that Florida State is a super team," said Aztec coach Claude Gilbert. "The Seminoles have a good shot at a Bowl bid and you can bet they will be ready to play. I also think that the San Diego State players will be ready for a supreme effort. We had a few flat spots against Long Beach State, but overall I'm pleased with our effort. I was especially pleased with David Turner's performance, but then we tend to expect special things for David."

Winners Named In 'Tots Toys' Golf Tourney

Two guys named Mitchell won the "Toys for Tots" annual golf tournament Friday at Cottonwood Golf Club.

Matt Mitchell, former sports editor for the Daily Californian, and now sports columnist for the Chargers Sports Digest, had the low net while Major Chris Mitchell, a Marine, had low gross.

Verne Silver, Cottonwood Men's club won closest to the pin (38") and Craig Engstrand of the law firm of Jennings, Engstrand and Henrickson, had longest drive (269 yards). Each won trophies. Proceeds from the contest provided enough funds to buy \$7,250 worth of toys for the Marine Corps Reserve's Toys for Tots annual Christmas project.

Frank Parks, general manager of Rancho San Diego was tournament chairman.

Mesa, Griffs Clash to Aid Toys for Tots

South Coast Conference rivals Mesa and Grossmont Colleges have been selected to square-off in the fourth annual Toys for Tots Football Bowl November 19 at 2 p.m. at Mesa's Douglas Stadium.

The Bowl, sponsored by Leathernack Charities in cooperation with the United States Marine Corps Reserve's Fourth Tank Battalion, Marine Corps League of Ocean-side and American Legion Post 753, will also feature entertainment by singer-actress Ren Woods at halftime.

Miss Woods is concurrently cast as Donna CBS' "We've Got Each Other".

Anna Maria Patterson, San Diego's Miss Toys for Tots for 1977, will also be on hand as will the bands of Kearny and Granite Hills High Schools to play intermittently throughout the game.

The Toys for Tots campaign is an annual effort to provide needy children with a toy at Christmas. Fans donating a new toy at the gate will be admitted to the game for \$1. Regular admission is \$2 and 50 cents for Mesa and Grossmont College students with ASB cards.

Amateur Net Tourney Opens December 1st

The finals of the All-San Diego Amateur Singles Tennis Classic will be played December 18 on the Stadium Court, Morley Field, according to Ben Press, tournament chairman.

The tournament is for all ages and all skill levels. Divisions are Open, B, C, and Novice with B or C players being those who have not played regularly in higher classifications inter- or intracub or team matches; nor ranked No. 1 in the given classification.

The Novice Division is specifically reserved for non-tournament tennis players.

All preliminary matches including semi-finals will be played weeked evenings December 1-17 at a leading tennis club or a public City court, depending on availability.

Entry fee is \$10 and should be accompanied by an official entry blank which may be obtained from Camera World, 1071 6th ave., S.D. 92101.

Citizen Ass't Office Opens in E. County

The County's Office of Citizen Assistance has opened a new field office in East County at 290 South Magnolia ave. (Milford Bldg.) in El Cajon.

The office is designed to assist with problems, questions, or complaints citizens may have regarding San Diego County Government operations.

Mrs. Barbara Graham, citizen assistance specialist, has been assigned to the El Cajon office and will assist residents in East County.

Assistance or complaints regarding San Diego County Government operations may be registered by calling 579-4133.

The office is open weekdays from 8 a.m. to 5 p.m.

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TAKE FIVE

by John E. Wirges



It's a downright lie. It sounds good on television, but "Weekends were made for fun?" Phooey.

Weekends were commandeered by wives, mothers, daughters and others of the breed to thwart, frustrate, prevent, prohibit and preclude husbands, fathers and sons from enjoying their days off.

Take last Saturday, for instance. No big plans. A little work on the car in the morning, watch a little college football on television in the afternoon and take in the Aztecs Saturday night.

Mix that with a little beer and some munchies for the daytime activities and maybe a drop of two of Bourbon County's famous export and all in all, not a bad day.

It never had a chance. My Ever Lovin' took care of that. She and our youngest daughter, (who has a husband of her own to pick on but lets him go off hunting,) contrived, plotted and otherwise schemed to (1) fill my weekend hours with labor and other types of work, (2) dampen my happy mental state and give me problems to solve, (3) make it impossible for me to watch any football during daylight hours, (4) greatly reduce and otherwise limit suitable time for either beer and/or munchies and (5) drive me nuts.

It all started innocently enough. During a commercial on last Monday Night's football game my wife said something like, "Honey, we really need a new mattress. We've had that old thing on our bed ever since we got married and that's almost 28 years ago."

"Un huh," I remember saying, turning my attention to trying to figure what in hell Howard Cosell was saying.

Friday night my wife said, "It's coming tomorrow." Just like that. Out of the blue, she said, "It's coming tomorrow."

The box spring and mattress you said we should get for our bed. Remember? Last Monday I suggested getting a new one and you said yes. Well, it's coming tomorrow. A Sealy Posturepedic. And it was a real bargain at \$500.

"You paid \$500 for a box spring and mattress?" I said in shock. "You really spent \$500 for a box spring and mattress?"

"Well, with the frame, it's more like \$550. But you told me to go ahead and it's really for your bad back. You're always complaining about your back. And you haven't been sleeping well."

Funny, I don't remember ever complaining about a bad back and I always thought I slept like a baby. While I was thinking about that, she went on.

"Before we put the new mattress up, I think we ought to paint the bedroom. You'll have to take everything out."

Oklahoma might have burned up the afternoon television screen, but I never saw it. I was moving furniture. You see, before you can empty one bedroom, you have to make room for the furniture somewhere else. You move two, maybe three bedroom sets. Several times.

My wife went off and bought the paint. She couldn't make up her mind to what color she wanted, so she bought white. Before she dipped her first brush however, she washed all the walls. She does things like that.

"How much turpentine should I use?" she asked.

"You picked a water-based paint," I reminded her.

"You don't need turpentine."

"Oh," she said. "Is that why it turned so curdley?" Back to the store for more paint and soon the painting was underway. They painted everything, walls, doorways, doors, even part of a window. They were still at it at suppertime. I was still trying to finish an hour's work on the car that had been much delayed into an all day job. Furniture moving takes time.

The paint dried and everything was back in place by 10:30 p.m. Obviously there was no Aztec game. The new bed is really great, but I'm in trouble again. My wife just discovered what color she wants.

48-28 Score Closes Matadors Grid Season

By Dan Danner

The 1977 football season came to an end for the Mt. Miguel Matadors Friday night when they lost the season finale to the El Capitan Vaqueros by a score of 48-28.

The Matadors needed a win to assure themselves a berth in the CIF playoffs.

The Matadors came into the game with a 5-2 record bettered only by the Granite Hills Eagles, a win would put them in the play-off picture, a loss would tie them with Helix, El Capitan and Santana and a vote would have to be taken to determine which teams would follow Granite Hills as league reps in the play-offs. The Mats lost in the voting.

Granite Hills, El Capitan, Santana and Helix all won bids to go. Yet Helix has lost to Granite Hills, El Capitan and Mt. Miguel. While the Mats lost of El Cap, Granite Hills and Santana.

The Mats whipped Helix in a thrill-packed game earlier

in the season but they lost out to Helix in the voting.

The Mats were on their way to the playoffs Friday night with a fine offensive display for 3 quarters. The Mats gave it away with the resultant score of 48-28.

Looking back, it was a great season for the young team and an excellent one for running back Keith Morgan who finished as the league's No. 1 rusher with 120 carries for 904 yards.

The Mats have a 5-3 record but the slogan "Wait 'til next year" may trip up some surprised teams next year.

Navy Land for Lease

Three parcels of land in Imperial Beach, owned by the U. S. Navy, will be leased for five years about December 1. The land is to be used for agricultural or grazing or both.

Bidding offers will be accepted until November 18, 3:30 p.m. Prospective bidders may contact the Staff Civil Engineer Office, Building 3, Naval Air Station, North Island, Coronado to inspect the property which consists of parcels of 31, 21 and 120 acres.

The Old Curvical Trick Rainbows are curvical because raindrops that reflect the light are also curved.

Chargers Eye Playoffs -If They Can Win 5

The San Diego Chargers have 5 games left to play.

An optimist can see the team in the NFL playoffs. But the Chargers must win the 5 remaining games to have the chance.

Fans who saw Sunday's game against Denver could find much to hope for.

The game was exciting, crisp and a genuine cliff-hanger. The Chargers led until the closing minutes. Final score 17-14.

The Chargers lost but they lost with distinction.

Fans can love a losing team if they let it all hang out. The Chargers did!

To quote Charger head coach Tommy Prothro, "Our team fought 'em hard. I really feel they deserved a better fate." We second the motion.

About the Oakland Raiders. They'll be here for an AFC Div West at 1 o'clock Sunday bringing with them an awesome record of 8-1. They're tied with Denver for first place in AFC West after holding off Houston 34-29 last week. San Diego is now 4-5.

Oakland has won 21 of its last 23 regular season games. Since a 48-17 defeat to New England in the fourth game of the 1976 season, the Raiders have won 21 of 22 games, including three postseason contests in 1976 that resulted in Oakland's emergence as the champion of the NFL in Super Bowl XI.

Several Raiders passed milestones in the victory over Houston. Quarterback Ken Stabler threw for his 100th touchdown and now has 101.

Wide receiver Cliff Branch caught his 200th pass and now has 202. Branch, who caught 8 passes for 115 yards, gained more than 10 yards in a game for the 14th time in his career.

Guard Gene Upshaw, the Raiders' number one draft choice in 1967 who has not missed a game, will play in his 150th consecutive game against the Chargers. Charger tackle Russ Washington will play in his 136th consecutive game.

Cliff Olander is scheduled for quarterback. Both James Harris and Bill Munson were incapacitated in Sunday's game — thus attesting to the ferocity of the play.

Sunday, the Chargers out-gained the Broncos 320-222 in total yardage. Defensive end Fred Dean hit Lonnie Perrin for a 5-yard loss, picked up

Snead Holds \$\$ Leadership Since AWSDO

J. C. Snead remains the leader in all-time earnings from the Andy Williams San Diego Open golf tournament with only two changes in the top ten money winners resulting from the tenth annual AWSDO last January.

Snead has \$75,000, most of it earned from his back-to-back wins in 1975-76, followed by Bobby Nichols with \$60,348, Jack Nicklaus with \$55,220 and Paul Harney with \$49,197.

Tom Watson's 1977 top prize of \$36,000 moved him into fifth place with \$46,419. He is expected to defend his title in the next AWSDO on Jan. 25-29 at Torrey Pines golf course.

Remaining in the same order behind Watson are Gene Littler, with \$44,453 and Bob Dickson with \$42,571.

George Archer, who tied for ninth in the last AWSDO, moved ahead of Tom Weiskopf, \$40,920 to \$37,297. Ray Floyd rounds out the top ten with \$36,810.

Only Littler and Floyd of this group have not won an AWSDO title. Littler was second once and tied for second another time; Floyd tied for second and third once. Pete Brown, who won in 1970, is 12th in earnings with \$31,032 behind Miller Barber's \$34,860.

Others over the \$30,000 mark are Dave Eichelberger, Hale Irwin and Bruce Crampton, ranked 13 through 15 in AWSDO money.

Snead tied for 34th in 1971, was eighth all alone in 1974 and tied for 39th last January in addition to his two tournament victories.

Perrin's resulting fumble and barged 11 yards to his first touchdown in 3 seasons as a professional.

Strong safety Mike Fuller intercepted his 5th pass of the season, more than any other Charger defensive back intercepted in 1976. The interception gave Fuller 3 more than he had in his first two seasons with the Chargers.

The Chargers sacked Denver quarterback Craig Morton 4 times for 29 yards in losses, giving the Chargers 32 sacks for 267 yards in losses.

Radio station KSDO (1130) will cover the game in the San Diego area. Pat Curran's NFL Weekend begins at 10:50 a.m. Chargers Talk, featuring hosts Bobby Chandler and Bruce Walton, begins at 11 a.m. The Tommy Prothro Show is at 12:35 and game preview at 12:50. Chargers Talk resumes after the Lockerroom Show following the game. Jerry Gross, John DeMott, and Scott Gregory will be mikeside. NBC Sports will televise. Dick Stockton and Paul Maguire will be the announcers.

Two Corridas For Mexicali

The next two bullfight cards in Mexicali's picturesque Plaza Calafia have been announced by Empresario Nicolas Gonzales Rivas.

A herd of six bulls from the famed Jose Julian Llaguno ranch will be presented for Eloy Cavazos, Antonio Lomelin, and Mariano Ramos on November 27.

Then, on Sunday, December 11, a capacity crowd is anticipated for the biggest corrida of the year, anywhere in Mexico. The world's greatest Matador, Paco Camino, will alternate with Mexico's "Numero Uno", Manolo Martinez, and the young Miguel Espinosa "Armillita".

The trio will meet a herd of six bulls from Torrecillas in the 3 o'clock encounter.

The card for the November 27 corrida is especially interesting due to the diverse styles of the 3 Matadors. Cavazos is the cute, 5'-4" "Little Giant"; Lomelin is the tall, dark, and sable-eyed bullfighting sex symbol; and Ramos is a deeply talented country boy who is the most viable challenger for the number one position of Manolo Martinez.

Tickets and information for all Mexicali bullfights are available through Pacific Western Tours, with offices in San Diego (233-5421).

The Mexicali season will run through March of 1978, with approximately 2 corridas a month.

Mariners Season Opens Dec. 25th

A 24-game home schedule for the 1977-78 Pacific Hockey League season has been issued by the San Diego Mariners. 4 teams comprise the League.

The Mariners begin league play on Christmas Day, hosting the San Francisco Shamrocks at the Sports Arena. San Francisco and Long Beach each make 7 visits to San Diego, with Los Angeles slated for 10 Sports Arena dates.

Game times have been revised for the 1977-78 season, with Sunday games starting at 7 p.m. and all other nights commencing at 8 p.m.

The January schedule:
December 25 — Sunday — San Francisco
January 4 — Wednesday — Los Angeles
January 7 — Saturday — Long Beach
January 12 — Thursday — San Francisco
January 14 — Saturday — Los Angeles
January 18 — Wednesday — Long Beach
January 25 — Wednesday — Los Angeles
January 29 — Sunday — Long Beach

The Mariner office at the Sports Arena is open daily from 8:30 a.m. to 6 p.m. for schedule, season ticket and group information.

Goober Brew

During World II some Americans drank coffee made from over-roasted peanuts,

Angels Open Padres' Camp In Holtville March 8th

The San Diego Padres will play a 27-game spring training exhibition schedule beginning on Wednesday, March 8 against the California Angels in Holtville. It was announced by the ball club.

The Padres, who will be opening spring training around the first of March in Yuma, have 13 contests slated for Yuma, 12 on the road and then two games over a weekend period in San Diego against the Minnesota Twins towards the end of the training period.

Additionally, the Padres will have a couple of "scrimmage" sessions against the Yakult Swallows of the Japanese Central League who will be training with the Pads in Yuma through the middle of March. These games, however, will not be counted in the Cactus League standings.

The California Angels, now under the guidance of former Padre President Buzzie Bavasi, will provide a good portion of the opposition this spring as the Padres and Angels will play no less than six games.

San Diego also has four outings scheduled with the Cleveland Indians and Chicago Cubs, three each with the

Seattle-Tempe, Oakland-Mesa, Milwaukee-Sun City, Cleveland-Tucson, Chicago-Scottsdale and San Francisco-Phoenix.

As for the regular 1978 National League campaign, play will get underway for the Padres on Friday, April 7 with the opener of a three-game series against the Giants in San Francisco.

The home opener is set for Friday, April 14, also against the Giants.

Spring Schedule in March:
8 — at California Angeles (Holtville)

9,10 — Seattle Mariners
11,12 — Oakland A's
13 — at Milwaukee Brewers
14 — at Cleveland Indians
15 — at Chicago Cubs
16 — at Oakland A's
17 — at San Francisco Giants
18, 19 — Cleveland Indians
20, 21 — San Francisco Giants
22, 23 — Chicago Cubs
24 — Open
25 — at Cleveland Indians
26 — at Chicago Cubs
27 — at Seattle Mariners
28 — at Milwaukee Brewers
29, 30 — at California Angels
31 — Open

All games begin at 1 p.m. except April 1 game held at 7 p.m.

Outdoors & Travel

By E. L. "Buck" Rogers

I've got some Texas fishing buddies who claim that the bass fishing in a particular Mexican lake is hotter than the chili down there. And, that's kinda hot.

Lake Guerrero is the name of the place and in the few years that this 90,000-acre impoundment has been open for fishing it has made history. "A hundred bass a day" is the claim many make for this lake, and, from what I have been able to observe, this statement appears to be true. Regardless of the season, or the weather, it is difficult not to have a productive day fishing this Mexican lake.

Guerrero bass average one or two pounds, with an occasional fish going up to six pounds. Twelve-pound bass have been caught here, though, and as the bass population continues to mature average catches are almost certain to run larger in size. Incidentally, the limit is five fish per day, with a maximum possession limit of 25. Obviously, most anglers release most of their catch.

These Mexican fish have the same habits and lure preference that our bass do. They gobble up plastic worms as fast as they hit the water, and a spinner lure bizzed through the brush is another sure-fire way to get a strike. Crank baits are also popular, and when your arms get tired from fighting these scrappy large-mouth don't expect to get any relief by snapping on a sur-

face lure. On occasion, top-water lures pay off just as well as the others.

The days are hot on this big lake, but when the sun sets behind the scrub-studded horizon the temperature drops rapidly. Short sleeves and suntan lotions are prerequisites for daytime fishing, but a jacket is mighty handy at night.

Dan Snow, of Houston, offers a Guerrero fishing package that is difficult to beat. He meets Braniff flights at the Houston airport, tucks his clients aboard a smaller multi-engine aircraft, and flies them direct to the lake. Accommodations are provided at a modern fishing camp. Meals are a pleasant combination of U.S. and Mexican fare. Modern bass boats powered with 50 hp Mercs and a trolling motor take anglers where the action is the hottest, and an experienced guide is on hand to run the engine and offer fishing tips to first time anglers.

This package includes charter air transportation from Houston, four days food and accommodations, three full days of fishing, and a few little extras like a fishing license, iced beverages, and an "open bar" on the day of arrival. The price for this all-inclusive package is \$565.

Incidentally, "guerrero" means "war" in Spanish, and after a guy spends three days battling those pugnacious Mexican bass the usually agrees that the lake is well named.

On Sunday After Thanksgiving

Record Entry List Seen For Holiday Stock Race

More than 150 entry forms circulating in the California, Las Vegas, Nevada and Arizona regions and a tempting \$4,000 purse, South Bay Park Speedway 117 promoter Don Basile reports that he should have a widely diversified field for his open competition stock car After-Thanksgiving Day race Sunday, November 27.

"If the show matches that of our entries in the last open competition on the half-mile I feel that we will have a stellar event," said Basile, who look to 1978 with optimism after an encouraging auto and motorcycle season at the track located near Brown Field and southeast of Chula Vista.

Entries have been sent to former Indianapolis Speedway veteran Bill Cheesbourg of Tucson, who undoubtedly hopes to improve upon his showing here last month; five-time El Cajon Stock Car Racing Assn. champion Pat McIntyre of Spring Valley; Pomona's Bob Forester, who captured the 100-lap open at South Bay a month ago; Ken Snelling, the Bonita blitzer who has won 14 main events at South Bay; South Bay King John Cartwright of Spring Valley.

Basile said he also is offer-

ing \$1,000 in merchandise for a special drawing, including two season passes for 1978.

Time trials will be conducted on the half-mile oval from 12:30 to 1:30 p.m. A four-lap trophy dash will open the show at 2.

There will be four, inverted-start heats where drivers will qualify for the 22-car 50-lap race on a progressive basis. The top five will transfer with the top two from the 15-lap semi moving into the feature, too.

Basile said it was a great way to end the season and he anticipates a field as large as the 60 that turned out for the 100-lap open last month.

Vincente Produces For Local Anglers

Brown plastic worms were working well at San Vicente reservoir last week when local residents used them to bag some bass.

Doug Crandall of Lemon Grove got bass weighing 13 and 11 lbs. John McCullough of Spring Valley also caught a pair — 12.4 and 10.4.

State of Broken Bones?
Idaho has at least 30 skiing areas.

2 10-Rounders Top Friday Fight Bill

Two interesting 10-round bouts top this week's professional boxing bill Friday at the Coliseum.

Dr. Ismael Ruiz, on the staff of a Mexico City hospital, has entered the heavyweight boxing ranks to see if he has a championship chance. He said he is allowing himself 2 years maximum to decide. If he fails he will go back to Mexico City and take up his medical practice. His opponent Friday is Dave Wynne of Chula Vista who won his last outing over the KO route.

In a 10-round scrap, Fully Obel, middleweight champion of Venezuela tangles with Andre Beard, the L.A. favorite. Junior middleweight Bert Lee of Campo, fresh from a KO victory over Roger Wells last week, meets Gil Valdez in a 6 round match.

Featherweight Juan Meza tangles with Carioz Ortiz in a 6 rounder.

Friday's first bell rings at 8:15 p.m. and reservations may be made at the Coliseum box office at 233-4664. The Coliseum is at 15th and E sts. in downtown San Diego.

Last week Spud Murphy, (8-3) San Diego's featherweight flash, was transported to the hospital after he became ill following his knockout fight with Danny O'Campo (13-3) of Los Angeles. Referee Bobby Valdez stopped the fight at 1:52 of the 5th round of a fight scheduled for 6. Dieting to meet the weight requirement is said to have caused nausea. He is reported OK this week.

Heavyweights Elliot Bryant and Dewayne Wiley fought 4 rounds to a draw; Eric Bonil-

la, a lightweight of S.D., won a unanimous decision from Fili Ramirez in 4; Bert Lee KO'd Roger Wells of Memphis at 2:54 of the 5th round of a 6 rounder. Lee dropped Wells earlier in the 5th and then proceeded to KO him.

Outstanding welterweight Steve Delgado, a Marine, won a unanimous decision over Mustha Shabazz of L.A. in a 6-rounder. Delgado is now 2-0. Shabazz is 9-2.

Wrestling Crown At Stake Tues.

There's a championship wrestling match at the Coliseum Tuesday night.

The professional heavyweight champion, — The Canadian — will defend his title against Texas Red. Both are scramblers and the bout should be an active one.

To make the match more meaningful, promoter Danny Millsap has gotten each to sign an agreement that the loser will leave town.

Then there's a special tag team match in which Black Gordman and Goliath take on the Guerrero brothers—Chavo and Mando.

A new wrinkle on the local grapple scene is a Gladiator match. In this, the winner will have KO'd his opponent and must then drag him to each of the four corners of the ring. Presumably, the dragging may have a reviving effect at least once or twice and the fray will start all over.

Contract vs. Contract. The winner of this one own the contract of the loser for a month. He then decides who his wrestler fights and when. The contestants are the Incredible Buster Durant and K.O. Perez.

The Continental Lover, Percy Manfield meets S.D. Jones in the card's finale.

The Coliseum is at 15th and T. in downtown San Diego. It all starts at 7:30 p.m. on Tuesday.

Pop Warner Gridders in 'Bowl' Game

The first bowl game of 1977 — the "Super Q Bowl" — will be Saturday, November 26, in S.D. Stadium, according to Bob Chernin, chairman for the S.D. Pop Warner Assn.

The "Super Q Bowl" will include 5 championship football games, one each from the five active Pop Warner Junior Football divisions: Jr. Peeewe, Peeewe, Jr. Midget, Midget and Jr. Bantam. Action begins at 9 a.m. with the Jr. Peeewe game.

A fireworks show will conclude activities which will also include a Boys' Precision Motocross Bicycle team, and the Shrine Clowns. Stadium parking will be free.

Tickets for this family sports-oriented event are \$2, with proceeds going equally to S.D. Pop Warner, and The Aztec Athletic Foundation.

Tickets are available at the Aztec Ticket Office, Stadium/ Gate F; Select-a-Seat, KCBJ Radio, and Dairy Queen Restaurants.

\$750 Scholarship

In Food-Field Study

Two \$750 scholarships for underclass students majoring in business or marketing and considering careers in food-related fields are being offered by the San Diego-Imperial Grocers Assn. (SDIGA).

The awards are open to students currently attending one of San Diego's several four-year colleges or universities and with 30 units to go before graduation.

Marvin Smith, zone manager for Southland Corp's. 7-11 Stores, said applications are available from the marketing and business department at SDSU, UCSD, USIU and Pt. Loma College. Deadline is December 10.

Applications are available from SD-IGA, 250 Woodlawn, Suite 10, Chula Vista 92010.

Hearings In Works For Gas Price Hike

LOS ANGELES — The California Public Utilities Commission is so unhappy with itself for granting a \$9 million increase in the electric rates for San Diego Gas and Electric Company while denying an increase in SDG&E gas prices it plans to hold hearings to cure the problem.

In July, the Commission granted SDG&E a \$9,410,000 increase in electric rates but denied the same for the gas department.

On August 12, the utility filed an application for reconsideration, telling the commission its earnings for 1978 would be "distressingly low".

According to SDG&E's testimony, the utility has not been able to pay the interest payments it owes. SDG&E also said it needs an additional \$37 million by December 1 to achieve the rate return the PUC authorized in July.

Date of the hearings have not been set.

MV VFW Has 2 Dinner Events

A Life Membership Dinner will be held by the Mission Valley Veterans of Foreign Wars Post and Auxiliary No. 3787, Saturday 7:30 p.m. at the Post Home.

Nadine Ptak, Hospital Chairwoman of the Auxiliary, will hold a Smorgasbord buffet Sunday following the Charger-Oakland game. Proceeds from the event will go to the VFW Hospital Program.

L.G. Music Center

Books Bill Irwin

Southland Music Center, 3459 Imperial avenue, Lemon Grove, will present nationally-known organist Bill Irwin in a concert on Saturday night, November 19th at 8 p.m.

Irwin has traveled throughout the U.S.A. and Canada presented pop concerts. His technique, modern harmonies, unique interpretations and personality has captured his audiences. He has performed on television and radio, appeared in night clubs and motion pictures and played the pipe organs. He also has two LP's to his credit.

Irwin became a teacher in 1940 and has taught students from coast to coast. With the aid of interpreters, he lectured to teachers of the Foundation for Music Education in Japan and was the only modern keyboard clinician at the National Convention of the National Association of Catholic Music Educators in 1973.

Prior to his concert he will conduct an all day organ workshop open to the public. Registration begins at 9:30 a.m. with the workshop itself beginning at 10. After a lunchbreak the workshop will continue til 5 p.m.

Those attending either the concert or the workshop are urged to contact Southland Music Center at 463-0308 for reservations.

'Brown's Body' On USIU Stage

The public is invited to attend the United States International University's School of Performing and Visual Arts production of the epic poetic masterpiece about the Civil War, "John Brown's Body," which will be offered tonight, Friday and Saturday.

Showings will be in the SPVA Studio Theatre, on the USIU Pomerado rd. campus.

The SPVA production of "John Brown's Body," which was written by Stephen Vincent Benet, has been adapted by USIU student, Barry Reid, who also directed the production.

Feature roles; male narrator, Bruce Roberts; female narrator, Eloise Jensen; Jack Ellyat, Dennis Covey; Melora Vilas, Jennifer Shea; Clay Wingate, Richard Buresh; Sally Dupre, Miriam Bell; Jack's mother, Ginny Swanson; Cudjo, Delano Walton.

An ensemble of ten persons will perform the chorus.

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YOU AND YOUR PET



By Robert L. Stear, D.V.M.

Overabundance of Pets

"Do you want a puppy? We can't keep him, but we want him to have a good home."

As our pet population climbs toward 80 million animals, primarily, dogs and cats, this is a common refrain in neighborhoods across the country.

Apparently not all pet owners know about the contraceptive techniques called spaying and neutering.

Spaying is the surgical removal of a female's ovaries, or ovaries and uterus. Neutering is the surgical removal of the male's testicles.

Spaying can be performed on a healthy female animal of any age, but recovery is most rapid when the surgery is performed on an animal eight or nine months old. Males can be neutered when they are about a year old.

Generally, dogs and cats are just approaching sexual maturity at these times.

They have already received much of the benefit of the hormones produced by the reproductive organs, and will not lose their spirit after the surgery.

When done by a veterinary surgeon, spaying and neutering are relatively simple operations.

A general anesthetic is used so there is no pain, and very few animals show any signs of discomfort after the operation.

Pet owners reluctant to alter their pets argue that removal of the reproductive organs increases weight gain and makes pets sluggish. This is not the case.

If the surgery is performed when the pet is very young, it may grow larger and have a quieter personality, but it will not be sluggish.

Pets become fat and lazy primarily through overfeeding and lack of exercise. In those instances where pets do get fat after spaying or neutering, they are simply being fed too much.

There are several advantages to owning a spayed or neutered pet:

- Both males and females center more of their attention on members of the family and do not wander away during heat periods.

- False pregnancies, ovarian tumors and other female medical problems are eliminated.

- Neutered males don't acquire the ripped ears and torn coat that come from competing for the attention of a female.

- There is no disruption in training or performance of females used as Seeing Eye or guard dogs.

- Neutering male cats usually prevents their indiscriminate wetting inside the home.

And of course, spaying and neutering help control the pet population problem.

Last year animal shelter personnel had to destroy 14 million companion animals because there were no homes for them. An additional number of unwanted pets are abandoned each year to die of starvation, disease or exposure.

To promote spaying and neutering of companion animals, some humane organizations are requiring all pets obtained through a shelter be spayed as a condition of adoption.

Increasing numbers of pure-bred pet breeders also recommend the altering of any animal purchased for companionship, rather than show purposes. And some cities are proposing higher license fees for unaltered pets.

If you have a dog or cat not used in an established breeding program, talk to your veterinarian now about spaying or neutering services.

Dr. Ed. Grubbs Completes AAFP

KANSAS CITY, CO. — Dr. Edwin C. Grubbs of the Lemon Grove Medical Group has completed continuing education requirements to retain active membership in the American Academy of Family Physicians, the national association of family doctors. The

Academy formerly was called the American Academy of General Practice.

The requirements call for members to complete a minimum of 150 hours of accredited continuing medical study every 3 years. Members become eligible for re-election at the end of the 3rd year following their election to membership.

The Academy, the country's second largest national medical association, is the only national medical group that requires members to keep up with medical progress through continuing education.

To Feie Eagle Scouts

199 scouts in S.D. County who attained Eagle rank this year will be recognized at the annual Eagle Scout Recognition Dinner today at 6 p.m., NAS North Island Officers' Club.

Eagle Scouts will be paired with sponsors who share their interests, among them Congressman Claire Burgener, Supervisor Roger Hedgecock and Council Gil Johnson.

Soviet Violinist Debut On Symphony Program

Soviet artist Leonid Kogan, considered one of the world's greatest violinists, will make his debut with the S.D. Symphony Orchestra tonight and Friday, 8 p.m. and Saturday, 2:30 p.m., at the Civic Centre, 202 "C" st.

The concert will feature Grahms Violin Concerto in D Major, Op. 77, Mozart's Symphony No. 35 in D Major, K.385, and Hindemith's Symphonic Metamorphoses on Theme by Weber. For tickets call 236-6510.

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Letters to Santa

Santa Claus has requested this newspaper to gather letters from good girls and boys of Lemon Grove-Spring Valley area to keep the amount of mail he receives at the North Pole down.

To help Santa, we will collect, publish and forward letters directly to the polar region. Youngsters may address

Santa in care of this newspaper, P.O. Box 127, Lemon Grove.

Lear Santa:
I have been a good girl. Please bring me a dolly.
Love,
Molly Jo Hilton
2724 Drew In.
Lemon Grove

Food Stamps Lost by Store in SD

A San Diego food retailer has been disqualified from participating in the U. S. Department of Agriculture's (USDA) food stamp program for a period of one year for violations of program regulations.

Sam's Market, 2953 Beech st. in San Diego, owned by Basim Khoury and Khader Barghout was disqualified October 19, for accepting food stamps for such ineligible items as beer, cigarettes, detergent, deodorant, a marking pen and kitchen utensils.

Robert Kavaney, USDA Service Officer of the San Diego field office, said, "The public doesn't realize how disastrous it can be for a retailer to lose his food stamp authorization as a result of bending program rules for his customers."

"In the case of stores serving large numbers of low-income households, loss of food stamp trade because of disqualification can and has resulted in the loss or sale of the business."

"Food stamp shoppers should consider the real chances they are asking retailers to take when they ask the cashier for the seemingly

simple favor of accepting their stamps for non-food items."

During the one year disqualification period, Sam's Market may not accept food stamps.

To resume participation in the program after the disqualification period, Khoury and Barghout must apply for reinstatement from USDA.

Airport Chief is Speaker

"Lindbergh Field, Today and Tomorrow" is the topic of the Institute for Continued Learning's Friday Forum, November 18, 10 a.m. in Building 111A, Matthews Campus, UCSD.

Speaker will be Maurice A. McDonald, Airport Operations Manager of Lindbergh Field. McDonald is a former WW II bomber pilot, flight instructor during the Korean War and Chief of Aeronautical Operations at Kennedy Airport.

The Institute is an organization of retired persons conducting its activities in connection with UCSD.

The Forums are free and open to the public. The number is 452-3409.

Mail Bag

Openess Plea

Dear Editor:

Here is a copy of a letter I gave to City Mayor James V. Dorman and the City Council last week.

I submit this to you so that that public may be informed regarding my personal philosophy regarding public communications:

It is my wish that each and every letter, notice, flyer, document or other informational material that is instigated by me and processed through the City offices be made at least in duplicate.

One copy is to be placed in a public file that will be open to the Council and the public that they may know what I write, and who I write to, so that there need be no duplication of correspondence unless desired, and the pertinence of such materials be open to public scrutiny. It is my wish to inform other Councilmen what I do, and I welcome their advice as to my actions on behalf of the City.

It is also my intention that my title of Mayor Pro-Tem, or Councilman, be used along with my name only in instances directly connected with City business or in cases where the use of same will not be construed as reflecting general Council opinions.

These acts are intended to instill a spirit of cooperation, openness and correlation with the other members of the Council, and with the hope that harmony, efficiency, and better service to the community will be the result. In other words, I hereby request and welcome public screening of my correspondence because I believe it to be the right of the people of Lemon Grove to know what I am doing, in and for our city.

sincerely,
Bob Burns

Seeks More HEW \$\$

The monthly meeting of the Governing Body of the Health Systems Agency of S.D. and Imperial Counties opens tomorrow at 2:30 p.m. at the HSA Conference Room, 2831 Camino del Rio South, Suite 204.

During the meeting the body will review an application from the San Ysidro Health Center; take action on a recommendation from the HSA's Budget and Work Program Committee for Allocation of supplemental HEW funds and try to clarify the conflict of interest. The public may attend.

Consumer Catalog

It's a fact that:

You can take something to relieve the symptoms of a cold, but you can't take anything to cure it.

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Our Men In The Armed Forces

Richard Fleming

Specialist Four Richard A. Fleming, son of Mr. and Mrs. Marvin E. Fleming, 518 Hotz st., Spring Valley, recently received a Parachutist Badge upon completion of the three-week airborne course at the U. S. Army Infantry School, Ft. Benning, Ga.

During the first week of training, students undergo a rigorous physical training program and receive instruction in the theory of parachuting.

The second week they receive practical training by jumping from 34-foot and 250-foot towers.

The final week includes five static-line parachute jumps.

Fleming was promoted to the rank of private first class on November 3 and has been reassigned as a supply specialist with the 82nd Airborne Division at Ft. Bragg, N.C.

Spec. Fleming entered the Army in May.

Philip Hathaway

Marine Private First Class Philip J. Hathaway, son of Mr. and Mrs. Michael G. Varley of 2016 Dayton dr., Lemon Grove, recently participated in Exercise "Fortress Lightning" in the Republic of the Philippines.

He is serving as a member of Battalion Landing Team Three Slant Four (BLT 3/4), homebased on Okinawa.

He is one of more than 14,000 sailors and Marines who took part in the two-week exercise, which included 30 ships and Seventh Fleet aircraft, along with elements of the Philippine Navy and Marine Corps.

"Fortress Lightning" was designed to provide training in amphibious landing techniques and operations ashore.

Hathaway joined the Marine Corps in September 1976.

Martin Schiano

U. S. Air Force Senior Airman Martin L. Schiano, son of Mr. and Mrs. William H. Schiano Sr. of 7066 San Miguel ave., Lemon Grove, has arrived for duty at McClellan AFB, Calif.

Airman Schiano, an aircraft maintenance specialist with a unit of the Tactical Air Command, previously served at Nellis AFB, Nev.

The airman is a 1974 graduate of Helix High School.

Keven B. Huff

Navy Storekeeper First Class Kevin B. Huff, whose wife Patricia is the daughter of Mr. and Mrs. Paul N. Lucas of 2305 Golden ave., Lemon Grove, is currently participating in Exercise "Fortress Lightning" in the Republic of the Philippines.

He is serving as a crewmember aboard the frigate USS Roark, homeported in San Diego.

He is one of more than 14,000 sailors and Marines taking part in the two-week exercise, which includes 30 ships and Seventh Fleet aircraft, along with elements of the Philippine Navy and Marine Corps.

"Fortress Lightning" is designed to provide training in amphibious landing techniques and operations ashore.

Huff joined the Navy in November 1968.

Rory Schweitzer

Navy Ensign Rory J. Schweitzer, son of Mr. and Mrs. Richard F. Schweitzer of 7421 Tweed st., Lemon Grove, has been commissioned in his present rank upon graduation from Officer Candidate School (OCS).

OCS, located at the Naval Education and Training Center, Newport, R.I., is designed to prepare students to assume the duties and responsibilities of commissioned officers.

During the 19-week course, candidates studied the principles of leadership, manpower management techniques, navigation and communications.

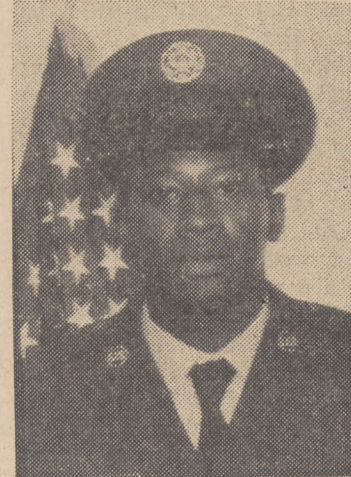
They additionally studied

Navy history, traditions and missions; the structure and organization of naval commands; military courtesy; uniform regulations; seamanship; and the Uniform Code of Military Justice.

A 1975 graduate of San Diego State University, with a bachelor of science degree, he joined the Navy in May 1977.

James M. Wagner

Airman James M. Wagner, son of Albert G. Wagner of Sallisaw, Okla., and Mrs. Dorothy Beggs of 10770 Jamacha



Airman Wagner

blvd., Spring Valley, has been selected for technical training at Sheppard AFB, Tex., in the Air Force aircraft maintenance field.

The airman recently completed basic training at Lackland AFB, Tex., and studied the Air Force mission, organization and customs and received special instruction in human relations.

Airman Wagner is a 1977 graduate of Sallisaw High.

Lewis S. McDonald

Private Lewis S. McDonald, 20, a 1976 graduate of Mt. Miguel High school and the son of Mr. and Mrs. Lewis A. McDonald of Las Palmas, Calif., recently was assigned as a fuel and electrical systems specialist with the 937th Engineer Group at Ft. Riley, Kan.

He entered the Army in March of this year.

Terry Schwartz

Marine Lance Corporal Terry W. Schwartz, son of Mr. and Mrs. Joseph Sandpiper of 2311 Spring Grove ln., Spring Valley, recently participated in Exercise "Fortress Lightning" in the Republic of the Philippines.

He is serving as a member of Battalion Landing Team Three Slant Nine (BLT 3/9), homebased on Okinawa.

He is one of more than 14,000 sailors and Marines who took part in the two-week exercise, which included 30 ships and Seventh Fleet aircraft, along with elements of the Philippine Navy and Marine Corps.

"Fortress Lightning" was designed to provide training in amphibious landing techniques and operations ashore. Schwartz joined the Marine Corps in August 1974.

Gary E. Knight

Navy Fireman Apprentice Gary E. Knight, whose wife Julie is the daughter of Mr. and Mrs. Bob A. Harlow of 530 Broadway st., Spring Valley, is currently participating in Exercise "Fortress Lightning" in the Republic of the Philippines.

He is serving as a crewmember aboard the tank landing ship USS Cayuga, homeported in San Diego.

He is one of more than 14,000 sailors and Marines taking part in the two-week exercise, which includes 30 ships and Seventh Fleet aircraft, along with elements of the Philippine Navy and Marine Corps.

"Fortress Lightning" is designed to provide training in amphibious landing techniques and operations ashore.

A 1974 graduate of Mt. Miguel High School, Knight joined the Navy in August 1976.

Pvt. Angel Gonzales

Marine Private First Class Angel Gonzales, whose wife Pamela is the daughter of A. N. Gunkel of 2517 S. Barcelona st., Spring Valley, has completed the infantry combat training course at the Marine Corps Base, Camp Pendleton.

During the six-week course, he received classroom instruction and participated in field exercises involving infantry tactics; the construction and camouflage of fighting positions; and the use of mines, demolitions and intra-company communications equipment.

His specialized training centered on the operation, employment and maintenance of 60mm and 81mm mortars.

He joined the Marine Corps in May 1977.

Cesar Pelina

Navy Storekeeper Second Class Cesar O. Pelina, son of Mr. Antonio Pelina of 510 Galeon court, Spring Valley, recently departed for an extended deployment in the Western Pacific.

He is serving as a crewmember aboard the aircraft carrier USS Kitty Hawk, homeported in San Diego. While deployed, his ship will operate as a unit of the U.S. Seventh Fleet.

The missions of the Seventh Fleet are to protect U.S. citizens, shipping and interests in the Western Pacific; to deter aggression against our Western Pacific allies by maintaining mobile striking forces; to promote peace and stability in the Western Pacific area and to create goodwill for the United States.

During the cruise, his ship is scheduled to participate in training exercises with other Seventh Fleet units and with ships of the allied nations. Additionally, port visits are scheduled in Japan, South Korea, Hong Kong, Thailand and the Republic of the Philippines.

The Kitty Hawk is 1,062 feet long and displaces more than 80,000 tons. She carries a crew of 2,800 officers and enlisted men, plus 2,150 personnel assigned to an attack aircraft wing.

She is capable of carrying 85 jet aircraft and can travel at speeds in excess of 30 knots.

He joined the Navy in April 1972.

Robert K. Lange

Marine Major Robert K. Lange, son of Teri Lange of 6818 Central ave., Lemon Grove, has completed the Lawyers' Military Justice Course.

During the eight-week curriculum at the Naval Justice School, Newport, R.I., newly-commissioned Navy, Marine Corps and Coast Guard lawyers study the application of their prior law school training and knowledge to the military community.

The instruction is designed to provide a thorough working knowledge of the Uniform Code of Military Justice.

During classroom sessions, seminars, case studies and individual research, future military advocates study the rules of evidence, in-service legal assistance programs and the programs and the procedures for courts-martial, boards of inquiry and investigations.

A 1966 graduate of the University of Southern California, Los Angeles, with a bachelor of arts degree, he joined the Marine Corps in June, 1966.

Shopping By Mail

Now a Federal Trade Commission rule lets you know when you can expect shipment on merchandise ordered through the mail.

To learn your rights, get a copy of the free pamphlet, **Shopping by Mail? You're Protected!** Just send a postcard to the Consumer Information Center, Dept. 627E, Pueblo, Colorado 81009.

Mills Gets Post On Amtrak Board

Senate President Pro Tem James R. Mills, D-San Diego, has been appointed a member of the National Railroad Passenger Corp. (Amtrak) board of director by President Jimmy Carter.

He is first Californian to be named to the board since Amtrak was formed in 1971.

Senator Mills' legislative career, highlighted by his continuing commitment to a balanced transportation system for California, has already brought him nationwide recognition.

One of his major achievements in helping put public transit on a sounder fiscal basis came in 1971 when he authored landmark legislation that provides almost \$200 million annually in sales tax revenue to public transit systems in California.

Sales Tax Money

In 1974 he authored legislation which increased sales taxes in three local counties and prevented the San Francisco Bay Area Rapid Transit System (BART) from suspending operations because of lack of money. That same year he won voter approval of a constitutional amendment which for the first time permits use of gasoline tax revenue for mass transit purposes.

His statewide leadership in balanced transportation has also been directed at improving rail passenger service in California.

He authored legislation that provides state support for rail service between San Diego and Los Angeles. Patronage on that line has increased so rapidly since the state subsidized Amtrak service began in 1976 that it is now the third most popular short-haul rail service in the nation.

Mills also is the author of legislation which funded construction of a \$1-million Richmond transfer facility. This permits BART and Amtrak rail passengers to make connections with either system at Richmond simply by crossing beneath a platform. The facility, conceived by Mills, provides connections for motorists wishing to leave their cars and ride BART to San Francisco or take Amtrak trains to the Sacramento and San Joaquin Valleys. It also connects with local bus services.

He also authored legislation to provide funds for increased highway construction. He is an enthusiastic bicyclist and has authored legislation which has resulted in major extensions to bikeways in urban areas of the state.

Briggs Starts Death Law Initiative

State Senator John V. Briggs, Republican candidate for Governor, and former Lt. Governor Ed Rienecke announced the start of an initiative drive to place a new, tough death penalty law on the ballot in November of 1978.

Briggs and Rienecke, co-chairmen of Citizens for an Effective Death Penalty, called the death penalty law recently passed by the legislature "weak and unconstitutional" and said that their initiative would give the people of California "the strongest constitutionally permissible death penalty law in the nation."

At a news conference in Sacramento, Briggs and Rienecke released the text of the initiative drafted by attorney Don Heller, the man who successfully prosecuted Squeaky Fromme for her attempted assassination of President Ford.

Speaking at the conference, Senator Briggs said, "Since 1972, we Californians have been demanding a strong death penalty law which will protect us and our families from vicious killers."

But, every effort to provide this needed protection has been thwarted by a powerful coalition of permissive judges, soft-on-crime politicians, and Jerry Brown.

Our initiative will give law-abiding citizens adequate protection from dangerous criminals and we call upon all elected officials and concerned citizens to actively support it.

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Serrano Still a Puzzle To School Finance Experts

SACRAMENTO — What does the California State Supreme Court's Serrano-Priest decision mean — and not mean?

William D. Whiteneck, deputy state superintendent of public instruction, said in a recent interview that the historic final decision, announced in December 1976, is being widely misinterpreted by both the public and mass media.

"Since change made during the next few years as a result of that decision will affect the cost and the quality of the state's schools for at least the next decade, a clear understanding of its meaning is vital," Whiteneck said.

In a nutshell, the court said the quality of schooling available to California's children depends too much on the value of residential and commercial property in the particular school districts in which the children happen to live.

Noting that more than one-half of public school funds are raised through the local property tax, the court determined that the more real property value per student in a district, the more money the district can raise per student.

Although the court concluded that more money does not not guaranteed better schools, it said money is obviously of basic importance in determining the quality of a child's education.

Costs

In 1975-76, one California school district spent \$728 per pupil; at the other extreme, another district spent \$4,918 per pupil.

The court ruled that such disparities, when they are the result of local district property wealth per pupil, violate the state constitution.

As a result, it has given the California State Legislature a deadline — September 1980 — to develop more equitable means of financing public schools.

The deputy state superintendent cited examples of the gap between rich and poor California school districts.

He said 42 elementary districts had \$200,000 or more in assessed property value per pupil in the 1976-77 school year.

At the other extreme, 19 elementary districts had less than \$10,000 in assessed property value per pupil.

What does this mean to a district's ability to pay for an education program?

A local property tax of \$1 per \$100 assessed value in a district having \$200,000 of property value would raise \$2,000 per pupil. The same \$1 tax levy in a district with only \$10,000 of assessed value per pupil would raise only \$100.

"This is a huge — and unfair — difference," he added.

"A clear understanding of the opportunity Serrano provides the state is also vital," Whiteneck continued. "Since it calls for fundamental change, it provides California with a once-in-a-lifetime chance to address all school finance issues in a comprehensive fashion at the same time."

Serrano Principles

"To meet the intent and spirit as well as the letter of Serrano, a solution should include three fundamental principles:

Booklet on Patents

The right to establish them was granted in the Constitution. The first law about them was passed in 1790. One is good for 17 years. And many of us at one time or another have had an idea we thought deserved one.

It is a patent. A patent is granted by the government to any person who "invents or discovers any new and useful process, machine, manufacture, or composition of matter, or any new and useful improvement thereof." The term "manufacture" refers to items that are manufactured. A patent gives the holder the right to exclude others from making, using, or selling the invention.

If you think you have an invention that deserves to be patented, you may be interested in the Patent and Trademark Office booklet that tells about how you can go about it. For your copy of the booklet, "How to Get a Patent," send 75 cents to the Consumer Information Center, Dept. 126E, Pueblo, Colorado 81009.

- "Assure an adequate and equitable foundation support for all pupils in the state."
- "Provide renewal and reform of the system to ensure that the people of California get maximum results from the money they spend on education."
- "Provide for the special needs of such students as the disadvantaged, limited English speaking and handicapped."

Misconceptions

What are the most common misconceptions about Serrano? Whiteneck listed three examples:

- Misconception number one: Reimbursement for transport the same amount of money for the education of each child.

This is not true. Different amounts may be spent on different children as long as the reason for doing so is something other than local district wealth.

High school students, for example, usually cost more to educate than do elementary school students. Handicapped children need special education services that are more expensive.

Equal protection does not prevent the state from treating people differently. It does prevent different treatment that is considered arbitrary and unreasonable.

- Misconception number two: Local property taxes have been outlawed as a means of financing public schools.

Not true. The court did not rule out the possibility that an acceptable school finance program might still include local property tax revenues. But differences in per pupil spending based on local wealth alone may not exceed \$100 per pupil.

- Misconception number three: Local control of education will suffer as a result of the court decision.

Not necessarily. Constitutionally, education is a state responsibility. Historically, the California legislature has delegated significant authority to local school boards. A new state school finance program does not necessarily mean any lessening of state-delegated authority.

- Misconception number four: The Serrano decision means that the state will have to assume 100 per cent of all local school costs.

Not necessarily. Full state funding of local schools is only one of many options available to the legislature in fulfilling the court's decision.

"School finance reform requires an adroit combination of educational, financial and political considerations. But, most of all," Whiteneck concluded, "it requires public understanding and support — understanding that education is a statewide responsibility and support of the concept that every child in the state deserves both equality of educational opportunity and quality schooling."

Helix Financial Opens Office on University

Helix Financial has opened new offices at 7811 University ave., La Mesa.

Helix is a real estate brokerage firm that specializes in financial consulting.

Financial services provided include personal and small business income tax preparation and planning, life and disability insurance, and investment securities.

Serving in the management capacity is Malcolm Fitzurka, a broker with 5 years experience in finance and real estate.

Ch. 6 to Televis Ma Goose Parade

XETV-Channel 6 will present highlights of the 31st Mother Goose Parade from 3:30 to 5 p.m. on Saturday, Nov. 26.

Host Don Howard will provide color for the nursery rhyme-theme event, this year honoring Ray Kroc as grand marshal and television's Mr. Whipple, Dick Wilson, as parade marshal.

Special guests will include five youngsters of the "Fish" television series and actor Troy Donohue.

The 90-minute special is offered as a community service of the Mother Goose Parade Assn.

Disney Film To Play At G'mont Program

Grossmont Community College District's Community Education Office will present "Blackbeard's Ghost," a Walt Disney comedy, at 2 and 8 p.m., Monday, in the East County Performing Arts Center, El Cajon.

A Will Rogers comedy, "Uncensored Movies," produced in 1924, will accompany "Blackbeard's Ghost."

The public is invited and the price of admission is \$1. Tickets available at the door.

Oregon Wildlife Film To Show At G'mont

A series of illustrated talks on natural and human resources is scheduled by the Community Ed. Office of Grossmont College.

James D. Hammond in the first presentation will narrate his Audubon Wildlife film "Malheur: Marsh, Meadow and Mountain" at 2 and 8 p.m. November 23, in the East County Performing Arts Center, El Cajon.

The Malheur National Wildlife Refuge, in south east Oregon, display the largest variety of birds and mammals of any of the 330 national refuge areas.

Hammond spent five years filming the behavior and recording the sounds of the wildlife in this high country.

The film includes scenes of the rare, threatened Trumpeter Swan, the courtship and mating activities of the Greater Sandhill Cranes and American Avocets, and an unusual glimpse of a Pronghorn Antelope with her triplets.

The public is invited to view the program for \$1 admission. Tickets are available at the door.

LEGAL NOTICES

FICTITIOUS BUSINESS NAME STATEMENT

Assigned File No. 7715467
The following persons are doing business as: Lomita Snack Bar at 955 Cardiff St., San Diego, Calif. 92114

Marion Bertha Inscore, 1543 Enfield St., Spring Valley 92077
Robert William Inscore, 1543 Enfield St., Spring Valley, Calif. 92077

This business is conducted as a General Partnership.
Signature: Marion Bertha Inscore

The statement was filed with the County Clerk of San Diego County on November 15, 1977.
Statement Expires Dec. 31, 1982
Spring Valley Bulletin November 17, 24; December 1 & 8, 1977

FICTITIOUS BUSINESS NAME STATEMENT

Assigned File No. 7715477
The following persons are doing business as: Rock-A-Bye at 7137 Broadway, Lemon Grove, Calif. 92045

James E. Parker, 6520 Mulberry St., San Diego, Calif. 92114
Peggy L. Parker, 6520 Mulberry St., San Diego, Calif. 92114

This business is conducted by an individual.
Signature: James E. Parker
This statement was filed with the County Clerk of San Diego County on November 15, 1977.
Expires Dec. 31, 1982
Lemon Grove Review November 17, 24; December 1 & 8, 1977

FICTITIOUS BUSINESS NAME STATEMENT

Assigned File No. 7715478
The following persons are doing business as: San Diego Padres Report

7715479
Suns/Sun Devils Report at P.O. Box 4827 881 Camino del Rio South, San Diego, California 92104
Three United A California Corporation, 881 Camino del Rio South, San Diego, Calif. 92108

This business is conducted by a Corporation.
Signature: Robert Bruce Binkowski Vice-President

This statement was filed with the County Clerk of San Diego County on November 15, 1977.
Statement Expires Dec. 31, 1982
Lemon Grove Review November 17, 24; December 1 & 8, 1977

FICTITIOUS BUSINESS NAME STATEMENT

Assigned File No. 7715311
The following person is doing business as: SONY WORLD at 11125 Flintridge Dr., Sorrento Valley, Calif. 92121

Thomas Edward Carroll (No House No.)
Box 455 Sun Valley Rd.
Del Mar, CA 92014

This business is conducted by an individual.
Signature: Thomas Carroll

This statement was filed with the County Clerk of San Diego County on Nov. 14, 1977.
Statement Expires Dec. 31, 1982
S96494 Lemon Grove Review November 17, 24; December 1 & 8, 1977

FICTITIOUS BUSINESS NAME STATEMENT

Assigned File No. 7715245
The following person is doing business as: THE CYCLE CENTER at 12819 Poway Road, Poway 92064

Luisa Viereck
13442 Santa Way
Poway 92064

This business is conducted by an individual.
Signature: Luisa Viereck

This statement was filed with the County Clerk of San Diego County on Nov. 14, 1977.
Statement Expires Dec. 31, 1982
S96709 Lemon Grove Review November 17, 24; December 1 & 8, 1977

NOTICE TO CREDITORS

No. 115452
Superior Court of the State of California, for the County of San Diego

In the Matter of the Estate of GRACE BATEMAN, Deceased.

LEGAL NOTICES

said decedent to file said claims in the office of the clerk of the aforesaid court or to present them to the undersigned at the office of AVERILL D. VALLIER, 3435 Wilshire Boulevard, Suite 2130, Los Angeles, California 90010, which latter office is the place of business of the undersigned in all matters pertaining to said estate. Such claims with the necessary vouchers must be filed or presented as aforesaid within four months after the first publication of this notice.

Dated November 8, 1977
Arthur H. Kensler
Executor of the will of said decedent

AVERILL D. VALLIER
Attorney-at-Law
3435 Wilshire Blvd. — Ste 2130
Los Angeles, CA 90010
(213) 487-7850
S. 96428 Spring Valley Bulletin November 17, 24; December 1 & 8, 1977

FICTITIOUS BUSINESS NAME STATEMENT

File No. 7715168
The following person is doing business as: Pan-American Investors, Ltd. at 7091 Caminito Val Verde, La Jolla, California 92037

Ben Guefen, 7091 Caminito Val Verde, La Jolla, CA 92037
This business is conducted as a Limited Partnership.
Signature: Ben Guefen

This statement was filed with the County Clerk of San Diego County on November 9, 1977.
Expires Dec. 31, 1982
L.G. Review November 17, 24; December 1 and 8, 1977

NOTICE OF PUBLIC HEARING BY THE LOCAL AGENCY FORMATION COMMISSION UPON APPLICATION FOR DISSOLUTION OF COUNTY SERVICE AREA No. 29

NOTICE IS HEREBY GIVEN, that at a meeting scheduled for 9:00 a.m., on December 5, 1977, in Room 358, County Administration Center, 1600 Pacific Highway, San Diego, California, the Local Agency Formation Commission will meet and consider the proposed "Dissolution of County Service Area No. 29 — Cortez Way."

At that hearing the Commission will hear any interested persons who wish to speak and will hear and consider the application and the report of the Executive Officer. The territory proposed for dissolution includes approximately 5.25 acres, generally located north of Sierra Madre Road, east of North Bonita Street, south of Estrella Drive; and west of North Cordoba Avenue, in the County of San Diego, State of California.

The application is on file and may be examined by any interested persons in the office of the Executive Officer of the Commission at 1608 India Street, San Diego, California. Refer to Proposal No. D177-5.

For more information, please call (714) 256-2015.

Dated: November 17, 1977
MICHAEL J. GOTCH,
Executive Officer
Local Agency Formation Commission
County of San Diego
Spring Valley Bulletin, November 17 & 24, 1977

COUNTY OF SAN DIEGO Cable Television Review Commission

NOTICE OF RECEIPT OF AN APPLICATION FOR A CABLE TELEVISION LICENSE TO SERVE THE LA PRESA AREA.

Notice is hereby given of the filing of an application by Sweetwater Cable Corporation; for a license to construct and operate a cable television system. The application proposes to serve the La Presa area.

This notice invites written comments on the application for consideration by the Commission during their deliberations on the application.

Written comments or oppositions must contain a detailed full showing, supported by affidavit of any facts or considerations relied on; and must be received by the Executive Officer of the Commission within fifteen days of the publication of this notice. Mail or deliver to The Cable Television Review Commission, Building 2, Room 255, County Operations Center, 5555 Overland Avenue, San Diego, California 92123.

A copy of adverse comments or oppositions must concurrently be mailed to the applicant, Sweetwater Cable, Inc., at 5281 Prosperity Lane, San Diego, California 92115.

A copy of the license application is on file with the Executive Officer of the Commission and is available for inspection at Room 255, of the aforementioned County Operations Center.
For additional information call 565-5415; ask for Mr. Harney, Spring Valley Bulletin, November 17, 1977

FICTITIOUS BUSINESS NAME STATEMENT

Assigned File No. 7715142
The following persons are doing business as: C & R Statuarys and Crafts at 7344 and 7344 1/2 Broadway, Lemon Grove, Calif. 92045

James C. Dilworth, 2435 Eddling Dr., Lemon Grove 92045
Carol Ann Bailey, 2435 Eddling Dr., Lemon Grove 92045

This business is conducted by an individual.
Signature: Carol A. Bailey

This statement was filed with the County Clerk of San Diego County on November 8, 1977.
Statement Expires Dec. 31, 1982
Lemon Grove Review November 10, 17, 24; December 1, 1977

FICTITIOUS BUSINESS NAME STATEMENT

File No. 7714734
The following person is doing business as: Interstate Roadrunner Trucking at 7805 Casa Lane, Lemon Grove, Calif. 92045

James C. Dilworth
7035 Casa Lane
Lemon Grove, CA 92045

This business is conducted by an individual.
Signature: James C. Dilworth

This statement was filed with the County Clerk of San Diego County on November 1, 1977.
Expires Dec. 31, 1982
Lemon Grove Review November 3, 10, 17 & 24, 1977

FICTITIOUS BUSINESS NAME STATEMENT

Assigned File No. 7713931
The following persons are doing business as: STARGATE at 1651 University Ave., San Diego, Calif. 92104

William D. McClelland, 11510 Rolling Hills Dr., El Cajon, Cal. 92020
Norma J. McClelland, 11510 Rolling Hills Dr., El Cajon, Cal. 92020
Helen R. Gomes, 11510 Rolling Hills Dr., El Cajon, Cal. 92020

LEGAL NOTICES

Ing Hills Dr., El Cajon, Cal. 92020
This business is conducted as a General Partnership.
Signature: William D. McClelland General Ptr./Mgr.

This statement was filed with the County Clerk of San Diego County on October 14, 1977.
Statement Expires Dec. 31, 1982
Lemon Grove Review November 10, 17, 24; December 1, 1977

FICTITIOUS BUSINESS NAME STATEMENT

File No. 7714105
The following person is doing business as: SMITTY'S GARAGE & TOWING, at 2655 Imperial Avenue, Lemon Grove, Calif. 92045.

Richard E. Smith, 13779 Whispering Meadows, Jamul, Calif. 92035.

This business is conducted by an individual.
Signature: Richard E. Smith

This statement was filed with the County Clerk of San Diego County on Oct. 19, 1977.
Statement expires Dec. 31, 1982.
S96278 Lemon Grove Review, Oct. 27; Nov. 3, 10 & 17, 1977

FICTITIOUS BUSINESS NAME STATEMENT

File No. 7714733
The following person is doing business as: Kings Mark Apartments at 9071 Jamacha Blvd., El Cajon, California 92021

Leona Rose Anderson
9175 Camplina Dr.
La Mesa, California 92041

This business is conducted by an individual.
Signature: Leona Anderson — Owner

This statement was filed with the County Clerk of San Diego County on Nov. 1, 1977.
Expires Dec. 31, 1982
S 96603 Lemon Grove Review November 10, 17, 24; December 1, 1977

FICTITIOUS BUSINESS NAME STATEMENT

File No. 7714344
The following persons are doing business as: J and J Enterprises at 3626 Pradera Lane, Bonita, California — P.O. Box 843 National City, Calif. 92050

James H. Johnson
3626 Pradera Lane
Bonita, Calif.
Sharon L. Johnson
3626 Pradera Lane
Bonita, Calif.

This business is conducted by an individual.
Signature: Sharon L. Johnson

This statement was filed with the County Clerk of San Diego County on October 24, 1977.
Expires Dec. 31, 1982
Lemon Grove Review, November 10, 17, 24; December 1, 1977

FICTITIOUS BUSINESS NAME STATEMENT

File No. 7714722
The following persons are doing business as: THE POP SHOPPE at 12225 Poway Road, Poway, CA 92064

James Edwin Christison
10021 Maple Tree Road
Santee, CA 92071
Darlene Marie Christison
10021 Maple Tree Rd.
Santee, CA 92071

This business is conducted by an individual.
Signature: James E. Christison

This statement was filed with the County Clerk of San Diego County on Nov. 1, 1977.
Expires Dec. 31, 1982
Lemon Grove Review, November 10, 17, 24; December 1, 1977

NOTICE TO CREDITORS SUPERIOR COURT OF CALIFORNIA, COUNTY OF SAN DIEGO

No. 68014
ESTATE OF HEDWIG BARBERA REISDORFER, also known as HATTIE REISDORFER, aka HATTIE H. REISDORFER, Deceased.

NOTICE IS HEREBY GIVEN to the creditors of the above-named decedent, that persons having claims against said decedent are required to file them, with the necessary vouchers, in the office of the clerk of the above-entitled court, or to present them, with the necessary vouchers to the Administrator at 8775 Balboa Avenue, San Diego, CA 92123, which is the place of business of the Administrator in all matters pertaining to the estate of said decedent, within four months after the first publication of this notice.

Dated: Nov. 3, 1977.
W. E. THACKER
Administrator of the estate of the above-named decedent.

DONALD L. CLARK
COUNTY COUNSEL
By JUDITH MAY COPELAND
Deputy

Attorneys for said Administrator
8775 Balboa Avenue
San Diego, CA 92123
565-5501

Spring Valley Bulletin, November 10, 17, 24; December 1, 1977

FICTITIOUS BUSINESS NAME STATEMENT

File No. 7714735
The following person is doing business as: Rainbow Auto Body at 3455 Harris St., Lemon Grove, CA 92045

Sostenes Gamboa, 8918 Golf Dr., Spring Valley, CA 92077
This business is conducted by an individual.

Signature: Sostenes Gamboa
This statement was filed with the County Clerk of San Diego County on Nov. 1, 1977.
Expires Dec. 31, 1982
Lemon Grove Review November 3, 10, 17 & 24, 1977

FICTITIOUS BUSINESS NAME STATEMENT

File No. 7714112
The following person is doing business as: SCHELDEN CONSTRUCTION, at 7634 Volcay Dr., San Diego, CA 92119.

Josef Anton Schelden, 7634 Volcay Dr., San Diego, CA 92119.

This business is conducted by an individual.
Signature: Josef A. Schelden
Owner

This statement was filed with the County Clerk of San Diego County on October 19, 1977.
Statement expires Dec. 31, 1982.
Lemon Grove Review, Oct. 27; Nov. 3, 10 and 17, 1977

NOTICE TO CREDITORS

No. 115799
Superior Court of the State of California, for the County of San Diego.

In the Matter of the Estate of FRANK JOHN ANRO, also known as FRANK ANRO, Deceased.

Notice is hereby given to creditors having claims against the said decedent to file said claims in the office of the clerk of the aforesaid court or to present them to the undersigned at the office of Mulder, Nemser and Horwick, 7970 Broadway, Lemon Grove,

LEGAL NOTICES

California 92045, which latter office is the place of business of the undersigned in all matters pertaining to said estate. Such claims with the necessary vouchers must be filed or presented as aforesaid within four months after the first publication of this notice.

Dated October 25, 1977.
Carl Felix Anro
Executor of the will of said decedent.

Gerald S. Mulder,
Attorney-at-Law
Mulder, Nemser & Horwick
7970 Broadway
Lemon Grove, CA 92045
460-2220
S96382 Lemon Grove Review, Nov.



GRAND OPENING — Steve Aldrich, owner of Lemon Grove's Baskin and Robbins store, and Miss Lemon Grove, Charlie Gundersen, share a giant cone to commemorate the grand opening today, tomorrow and Saturday of the new store at 7963 Broadway. Available on a first come basis are free beach balls with the purchase of any cake or pie, balloons and pencils with any ice cream purchase.

What You Should Know

ABOUT YOUR HEALTH

Jogging

Jogging has become a new national pastime in this country. An estimated 10 million joggers currently are participating in running programs.

Jogging probably has become so popular because it can be done regardless of a person's age, with a minimal amount of equipment and at any time of the day (or even night). Most people like to jog because the feel it is an excellent form of exercise, they find it mentally relaxing, and they have a feeling of well-being after jogging. Some joggers enjoy the competitive events that are available to them.

If you are thinking about taking up jogging, carefully consider several factors first.

It is important to honestly assess your physical condition before you begin to jog. If you have any doubts about your physical ability to jog, consult your doctor.

It also is important for new joggers to obtain well-fitted running shoes. Be sure the shoes are large enough to accommodate the foot, particularly in the toe area, but not so large that the foot will move or rub excessively within the shoe.

When trying on shoes, wear the socks you will wear while running. Break in the shoes by wearing them around the house before using them to run.

When you are ready to start, set up a carefully controlled running program. Start off with short distances, preferably on a grassy surface.

The softer the surface, the less stress will be on the body while you are running.

During normal running the impact of the body against the ground is approximately two and a half times the body weight. If you use soft shoes and a soft track, you can decrease considerably the force of the impact.

Don't forget to take into account the environment in which you are running. On cold days, wear adequate clothing so that your body doesn't lose an excessive amount of heat or your muscles become chilled. In warm weather, wear lighter clothing and replace the fluid and salt that your body loses while jogging.

As you begin to build yourself up physically, strive for a regular routine that gradually increases your distance and speed until you achieve a speed and distance that are comfortable for you. Do not over-extend yourself during this building-up phase.

Once you have established your jogging routine, keep it up. You should attempt to run at least four or five days a week. If you are unable to run for several weeks or are injured while jogging, do not test your body to see how much it can take when you start jogging again.

Rather, start out slowly and resume jogging with an abbreviated routine. Gradually build yourself back up to your previous level of proficiency.

In addition to running, you should carry out a regular program of stretching exercises. This will keep the muscles of your body, especially the hamstrings, adductors and calf muscles, loose and help prevent muscle strain caused by tight muscles.

Unfortunately, with jogging as with any other athletic activity, injuries can occur. Approximately 25 percent of all joggers at some time have an injury that either decreases their performance or keeps them from running.

Most injuries to runners are caused by the constant impact and repeated stress applied to the lower extremities. Most runners' injuries involve the lower extremities, although occasionally a runner's back may be the painful area.

Common injuries to the foot include sprains of the tissue on the foot or ankle, blisters and occasionally injury of the toenails caused by pressure against the end of the shoe.

The jogger's most annoying problem in the legs is "shin splints." This probably is caused by stress on the tissue covering the bones as well as by muscles pulling away from the bones.

Other problems can include pain along the inner side of the knee joint or discomfort around the kneecap. Sometimes discomfort around the hip joint can be caused by the large muscles moving across the hip bones during jogging. If pain persists, a physician should be consulted.

Even taking those potential injuries into consideration, however, most people can thoroughly enjoy jogging as an excellent form of exercise and relaxation — as long as they follow these suggestions and use common sense.

Prepared by the California Medical Association. Specific questions on the subject should be directed to your physician.

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Easy to Read — Easy to Like

Mission Hills Deer Is Good Book Subject

By Max Goodwin

It takes a man with gusto as great as his able imagination to write a book about such an ephemeral subject as the final days of a doe — the last of a deer herd that inhabited Mission Hills of San Diego.

But Max Evans' ability was equal to the labor of love he titled *THE WHITE SHADOW*. He did it expertly, as he has done with his 12 other books, a movie, and numerous paintings. In addition to his ability in the arts, he is a successful miner with one of his holdings still producing perlite in New Mexico.

The deer delineated in *WHITE SHADOW* was "discovered" by SAN DIEGO EVENING TRIBUNE columnist John Sinor. She was strictly of provincial interest until Max Evans. Now she is destined to be famous.

After the book, comes the movie, according to Evans. It will be produced by Sam Peckinpah.

The white doe had escaped the ravaged of the ecological damage wrecked on the deer's habitat by a growing population in the Mission Hills area. The amazing part of it all is how she thrived in such a hostile environment. But she did — until she got onto State 9, Mission Valley. Her body was crushed by an auto. The driver must have expected a deer to be the last thing he would ever encounter on a San Diego freeway.

Evans has woven a couple of local newsmen into the story. One is Sinor. Another is a Copley newspaper artist.

S.D. County Levies Less Property Tax

Three California counties including San Diego County have been singled out as top performers in holding the line on property taxes. Success has been attributed to specific cost-cutting programs it was reported in a 1977-78 property tax review by Calif. Taxpayers' Assn.

Property taxes levied statewide for 1977-78 will amount to \$2,698,300,208. S.D. County's portion is 127,637,099, a 7.4 per cent decrease from last year's \$137,880,320.

Students Win Awards

Awards and scholarships were recently received by Helix High School students. The school's band and High Stepper Drill Team won first awards at the Seventh Annual Chino Band Review. 17-year old Kent Stanley won the Century III Scholarship competition which makes him eligible to compete for one of two \$1,000 and a \$10,000 national scholarships.

Former Helix High School student Laron P. Beverage was awarded a NROTC scholarship for his studies at the University of Texas, Austin.

Wills Hints Given

A seminar on "Wills and Inheritance Matters" will be held November 19, 9 a.m.-noon, at San Diego City College, Room D-102. The speaker is S.D. lawyer Ken Stephens.

Topics will include how to minimize inheritance tax, estate planning and the need for a will. Registration is \$3. For reservation call 233-4442.

And some of the scenes described by Evans are easily recognizable places in the Mission Valley area. Local readers will become quickly involved in the story as a result.

In *WHITE SHADOW*, there is love and madness; tenderness and hate — the ingredients which help make a sterling story.

One character is a well-to-do gamehunter who is obsessed with acquiring the little deer's head to hang in his den. So he stalks the animal throughout the story. In one segment Evans successfully balances the hunter's personality in which he cloaks a death wish, with the white deer's struggle for survival.

Equally poignant is the love affair of the book's major characters as their lives become linked. And later how quickly and surprisingly the relationship eroded and died by a simple personal philosophy.

The death of the romance analogous to the death of the deer as the plot is recalled for this study.

It's a nice, easy book to read and it will touch you more than you want it to.

It's published by San Diego's Joyce Press and is available better book stores.

Ask Your C.H.P.



CHP Capt. C.M. Douglas

Last week's question dealt with establishing residency and securing necessary vehicle registration.

If you have a question, no matter how insignificant it may appear to you, ask it. It could save you a citation or could even save your life.

You do not have to sign the letter and address them in care of this newspaper. Please allow three weeks for reply to appear.

This Week's Question

If a business based in another state has a place of business in California and operates a vehicle in this state, are California registration fees due?

This Week's Answer:

Every nonresident, including any foreign corporation with a place of business in California owning and regularly operating in the business any vehicle subject to registration must register the vehicle in California.

Third in Students' Speech

Helix High School students won 3rd place sweepstakes at the S.D. State Speech Tournament November 3. Helix High was one of 28 participating schools.

Cranston To Speak At Mills Fundraiser

U. S. Senator Alan Cranston will be the guest speaker for a fund-raiser for Senator James R. Mills, President Pro Tempore of California, on Saturday, according to dinner chairman Frank Strauss.

The buffet dinner will be held at the Islandia Hyatt House on Mission Bay. Congressman Lionel Van Deerlin will be the master of ceremonies and there will be dancing until 11 p.m.

Use of SD&AE RR Is Meeting Topic

The Metropolitan Transit Development Board will conduct a special meeting on Monday, at 5 p.m. at the City Council Chambers, City Administration bldg., 12th floor, 2027 C st., San Diego, to obtain public opinion regarding MTDB's possible acquisition of the San Diego and Arizona Eastern Railway for passenger service and continuation of freight operations.

MTDB said it selected a guideway transit alignment from downtown San Diego to San Ysidro, primarily because this travel corridor presents the best opportunity for guideway transit feasibility with a minimum of community disruption.

Existing transit patronage has already exceeded the resources of San Diego Transit Corp. to provide adequate service; however, the almost unlimited capacity of a guideway system could absorb the presently unserved market, according to Jim Astrada, director of Communication for MTDB. Furthermore, because of its higher capacity (than the present buses), guideway transit could attract a substantial number of transit trips now being made on foot or by automobile.

The possibility of acquisition of the railroad has not been sought by MTDB. However, the opportunity which has arisen may result in the accomplishment of several significant community goals, including continuation of freight service and improved transit service, he said.

Before deciding upon a course of action, the MTDB Directors are seeking the advice of the community at the special meeting.

SD Symphony To Play Youth Concert Series

The San Diego Symphony Orchestra will present the first in its series of four Young People's Concerts tomorrow and Saturday in the Civic Theatre.

Charles Ketcham, associate conductor, will conduct a program entitled "We've Got Rhythm."

The series will be performed at 10:45 a.m., Friday and twice on Saturday, at 10 a.m. and 11:30 a.m.

Selections to be played by the Orchestra include famous compositions by Beethoven, Tchaikovsky, Dvorak, Stravinsky, Joplin and Gershwin.

Added highlight to these concerts will be solo dances by three members of the San Diego Ballet.

Season tickets for the Young People's Concerts are still available for both Saturday performances. Prices are \$5 for children and \$10 for accompanying parents.

The San Diego Symphony office phone number is 239-9726.

'Big Brothers Seeks Volunteers

Big Brothers of San Diego County is seeking many more volunteers to be matched with an ever-present waiting list of prospective Little Brothers.

The Big Brothers program provides companionship and guidance for boys 8 to 16 years of age who are growing up without a father or adult male "role model" in their lives.

Prospective Little Brothers are matched with carefully-screened volunteers on a one-to-one basis by qualified case workers who also supervise the matches.

A Big Brother need not be a saint nor a Santa Claus. The desire to help a boy through the problems of growing up is the most basic requirement.

Men currently serving in the San Diego program range from college students to grandfathers, and from laborers to doctors and lawyers.

Volunteers must be at least 21 years of age and must be able to commit themselves for a one-an-a-half year period in this area.

The Big Brother movement started in New York in 1903 and now has programs in almost 300 U. S. and Canadian cities.

DMV Cuts Fees To Handicapped Drivers

Disabled Californians no longer have to pay the part of their automobile license fee that is based on the modification of cars for use by disabled persons.

This policy is the result of Bill AB 822 recently signed by the governor. The law is not retroactive, yet the Department of Motor Vehicles will, at the request of owners, reappraise the current market value of vehicles registered under the old law.

The bill was introduced at the request of the State Department of Rehabilitation and co-sponsored by the California Assn. of the Handicapped.

Torres is Mgr.

Of B'way Hardware

Michael Torres has been named manager of the Broadway Hardware store at 7846 Broadway, Lemon Grove.

Torres, a graduate of Mt. Miguel High school, gained supervisory authority less than 9 months after he began work.

In addition to overall store supervision, he will clerk and handle ordering and merchandise stocking.

The store is owned by Mr. and Mrs. Olin Thompson.

JIM BOYD

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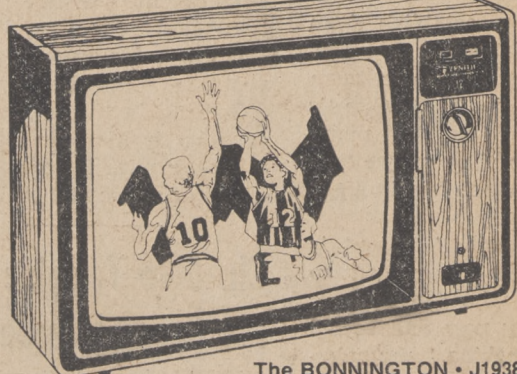


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